

Broken Heart Under The Social Compression

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ABSTRACT

" Deterioration of Mind Under Stress of City Life " ---A Thesis of Art Work Creation By Shin-juin Chang The purpose of this thesis is trying to understand deeply the symptoms of affective disorders by means of the research of the changes of the feeling inside the author ' s own bottom of heart during 2007 to 2009. The author transited the various status of her emotional changes into these art works. The process of art creation made the author understand more details of the affective disorders and pay more concerns with the victims. In modern society, the number of psychiatric patient is in proportional to the increase of pressure in life. According to the announced data of WHO, there is one in four who has suffered psychiatric problems in his whole life. This phenomena concerned the author very much. She found that the tendency of suffering these disorders are inevitable right now and in the future. Focusing on the observation of the changes of her own bottom of heart, the author found that she had experienced the process of transition from emotional trauma to a period of silence, surviving from struggling, she had found new hope in the future again. After comparing her own symptoms with those described by books of affective disorders, the author presents the different stages of affective disorders on her art works. Because the author had some contact with The Chinese International Human Right Promotional Committee, She wishes that she could make some contributions to help the victims with the same symptoms by means of her creative art works. The author had done some deeply research about the behavior of the affective disorders, In the meanwhile, She observed the body languages of the victims, including her herself, trying to induce some resonance between her and those victims by means of her art works. This thesis comprises only the field of abnormal behaviors presented by affective disorders, Four chapters are included: Chapter 1: Preface It describes the reasons why the author uses the phenomena of affective disorders as materials of creative art works, It also describes the direction, motive and object of this study. Chapter 2: Literatures Research It describes the meaning and contents of affective disorders, meanwhile, It introduces 3 artists whose styles of art work creation are almost the same as that of the author. They ' re: " Surrealism " ---Zdzislaw Beksinski, " Existentialism " --- Giacometti, and Vincent van Gogh ---- Artist who had a bipolar disorder Chapter 3: Creative Art Work Description It describes the idea of creation and analyses the contents of the presented art works. the author classified her art works according to stages of variation of her own emotion. She analysed the difficulties she had encountered in the process of creation and the changes of her emotional status when she faced with those difficulties, The author tried to tell you that she herself was a victim under the stress of city life by means of painting and stereo statues. Chapter 4: Conclusions Facing with her own subconsciousness , the author found that , by creating art works, one can relieve the emotional pressures in various stages of affective disorders, meanwhile, one can recognize the value of one ' s self existence. The author wishes that she could be a volunteer of The Chinese International Human Right Promotional Committee some day in the future, She also would like to share her experiences with patients of affective disorders, making the victims not be groups being discriminated any more.

Keywords : : Neurotic depression、 suffered psychiatric problems、 The Chinese International Human Right Promotional Committee, She wishes、 Surrealism、 Zdzislaw Beksinski、 existentialism、 Giacometti、 Vincent van Gogh

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