

創作性戲劇對兒童社交技巧與自尊之影響

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摘要

本研究旨在針對國小六年級兒童設計一套將創作性戲劇融入語文學習領域之本國語文課程，並經過11週、22堂課的實驗教學後，探討此實施創作性戲劇教學之課程對提升兒童社交技巧與自尊之成效，並根據研究結果提出結論與建議，以供教育實務工作者及未來研究者之參考。

本研究採準實驗研究法，在研究對象上，以彰化縣雪花蓮國小(化名)六年級兒童為實驗組，另一班六年級兒童則為控制組。實驗組施予實驗教學，而控制組則否。主要研究工具分別為「社交技巧量表」、「自尊量表」與「創作性戲劇教學活動回饋表」，所得資料進行單因子共變數分析及獨立樣本t檢定統計分析。

根據研究結果，本研究發現：

- 一、在語文學習領域之本國語文課程實施創作性戲劇後能提升兒童的社交技巧。
- 二、在語文學習領域之本國語文課程實施創作性戲劇後能提升兒童的自尊。
- 三、兒童對於在語文學習領域之本國語文課程融入創作性戲劇持正面肯定的態度。

關鍵詞：創作性戲劇、社交技巧、自尊

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