

國小學童成就目標、學業挫折經驗、學業自我效能對學業挫折容忍力之影響

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摘要

本研究旨在探討國小學童成就目標、學業挫折經驗、學業自我效能對學業挫折容忍力之影響。以分層隨機抽樣抽取全省國小五、六年級學生為研究對象，共計588人，經以描述性統計、t檢定、皮爾森積差相關、迴歸分析、結構方程模式等方法進行統計分析。研究結果發現：國小學童大多抱持趨向精熟目標；學業挫折經驗大約屬於中等程度；學業自我效能、學業挫折容忍力大致良好；男女學童在趨向精熟目標與逃避精熟目標上有顯著差異，且都是女生高於男生，而在逃避精熟目標上，六年級的平均數顯著高於五年級；此外，趨向精熟目標、趨向表現目標、學業自我效能與學業挫折容忍力有顯著正相關，而逃避表現目標、學業挫折經驗與學業挫折容忍力有顯著負相關。成就目標除了對學業挫折容忍力有直接效果外，亦會經由學業挫折經驗、學業自我效能之中介，對學業挫折容忍力產生間接的影響。根據上述結果，本研究對教育工作者與未來研究提出具體建議。

關鍵詞：成就目標；學業挫折經驗；學業自我效能；學業挫折容忍力；學業復原力

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