

香菇雞香氣成分形成之研究

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摘要

我國民間在傳統上常利用乾香菇、新鮮香菇與雞肉來烹煮香菇雞，在香菇雞肉之烹煮過程雞肉與香菇中之成分可能進行交互反應，使香菇雞具有獨特之香氣成分。就化學觀點而言，香菇之香氣成分主要為1-octen-3-ol、lenthionine、dimethyl disulfide及dimethyl trisulfide；香菇特異香氣成分為含硫化合物其化學反應性很強，可能會於香菇雞烹煮過程與雞肉中的成分產生化學反應而賦予香菇雞特殊之香氣。本論文實驗共分四部分進行，第一部分是以前述乾香菇、新鮮香菇、雞肉、乾香菇加雞肉及新鮮香菇加雞肉分別加熱迴流烹煮2小時，再進行香氣成分的抽提與鑑定。結果得知，在香氣成分的總含量上，新鮮香菇的香氣成分總量比乾香菇多，而乾香菇雞則比新鮮香菇雞的香氣成分總量比較多，這顯示出乾香菇與雞肉在加熱烹煮過程中，有比較多交互反應而產生較多的香氣成分。第二部分將乾香菇雞及新鮮香菇雞中之香氣成分進行香氣成分的抽提在利用酸鹼區分法加以分析與鑑定，並由官能評品法以乾香菇雞有最佳整體喜好性。由酸鹼區分結果顯示在，雞肉之香味組成成分含量最多主要出現於第二（鹼性區分），其次出現在第三區分（微酸性），thiazoles類化合物具有烹煮肉之香味出現第一區分（微鹼性區分）。而乾香菇及新鮮香菇的含硫化合物主要出先於第二區分及第三區分，其次是第一區及第四區分。官能品評的結果其香菇雞肉味強度上，乾香菇加雞肉與新鮮香菇加雞肉無明顯差異。而在整體喜好性上則以乾香菇雞肉為佳。第三部分是利用反應曲面法（RSM）設計實驗，以不同比例之肉類前驅物質（Cysteine HCl、Thiamine HCl）及加強香菇香氣特徵產生之甲硫胺酸（Methionine）與乾香菇打碎液、雞肉酵素水解液混合之進行105℃，2小時密閉加熱模式反應，之後再將有反應液進行官能品評，找出肉味前驅物質與加強香菇香氣特徵之產生之甲硫胺酸之最佳添加量。再將有最佳香菇雞香味的反應液進行香氣成分的抽提與鑑定。結果得知，當雞肉水解液用量固定為60g及香菇用量固定為15g，cysteine·HCl、Thiamine·HCl與Methionine之最佳值分別為0.09g、0.101及5.08g。另外在雞肉水解液、thiamine·HCl、cysteine·HCl與Methionine的混合反應液中鑑定到的主要香氣成分除了雞肉水解液的香氣成分aldehydes類及hydrocarbons類之化合物以外，還多alcohols、acids、梅納反應所得的產物，其中主要有furans類、thiophenes類、thiols類及sulfides類之化合物。第四部份是以酸鹼區分法比較香菇雞熱反應液與香菇雞加Cysteine.HCl、Thiamine.HCl及Methionine之熱反應液中之香氣成分。結果得知，添加Cysteine.HCl、Thiamine.HCl及Methionine是可以促進肉味、香菇味及烘烤味之香氣成分的形成。

關鍵詞：乾香菇；新鮮香菇；香菇雞

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