

The Antioxidativity and Chemical Components of *Coleus blumei*

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ABSTRACT

In this study, antioxidant activities of extracts from stems and leaves of *Coleus blumei* were examined with different extraction methods. The extraction was associated with either a cold water press or a hot water reflux. In addition, antioxidant activities of extracts were compared using three solvents (n-hexane, ethyl acetate, and water) for extraction of *Coleus blumei*. The antioxidative activities assays, including , -diphenyl- -picryl-hydrazyl (DPPH) radical scavenging ability, Fe²⁺ chelating power, reducing power, superoxide radical anion scavenging ability, ABTS cation scavenging ability, and the inhibition of Fe/ascorbate- induced lipid peroxidation in a liposome model system, were measured and compared with those of butylated hydroxyanisole (BHA), ethylene diamine tetraacetic acid (EDTA), -tocopherol and gallic acid.

The results showed that the extraction rate of leaves (2.23%) is higher than stems (1.75%) when *Coleus blumei* was extracted using the cold water press. The leaf extract had higher contents of total flavonoids and total phenols (1.45 and 4.49 mg/g, respectively) and better antioxidant activities except the Fe²⁺ chelating ability. The IC₅₀ of the leaf extract is 0.08 ± 0.00 mg/mL for the DPPH radical scavenging ability, 7.55 ± 0.53 mg/mL for the relative reducing power, and 0.19 ± 0.02 mg/mL for the ABTS cation scavenging ability. The stem extract of *Coleus blumei* had better the Fe²⁺ chelating ability, and its IC₅₀ is 0.18 ± 0.00 mg/mL. In addition, the extracts obtained from the hot water reflux had better antioxidant activities than those from the cold water press.

Extracts from the hot water reflux were further separated by distribution extraction using three solvents including n-hexane, ethyl acetate, and water. The extraction rate of the water extract of leaves (7.36%) is higher than that of stems. The ethyl acetate extract of leaves has the highest DPPH radical scavenging ability, and its IC₅₀ is 0.01 ± 0.00 mg/mL. The ethyl acetate extracts of leaves and stems were analyzed using an HPLC to examine the components in the extracts. The result showed that rosmarinic acid is one of the major components, and its content in leaves (383.7 mg/g) is higher than that in stems. Further analysis by FTIR showed that the ethyl acetate extracts of leaves and stems have absorption of bonds including C—O, C = C, C = O, and O—H, and this fact confirmed that rosmarinic acid indeed exists in the extracts. In the analysis of HPLC/MS/MS, the relative content of m/z 359.1 is the highest, after compared with literature and this fact confirmed the existence of rosmarinic acid.

In summary, the antioxidant activities of extracts from the hot water reflux are higher than those of extracts from the cold water press, and the antioxidant activities of extracts from leaves of *Coleus blumei* are higher than those from stems. The analyses confirmed that the antioxidant components is rosmarinic acid.

Keywords : *Coleus blumei*, antioxidant, rosmarinic acid

Table of Contents

封面內頁	
簽名頁	
授權書iii	
中文摘要iv	
英文摘要vi	
誌謝viii	
目錄ix	
圖目錄xiii	
表目錄xv	

1.緒論1	
2.文獻回顧3	
2.1彩葉草簡介3	
2.2彩葉草分類3	
2.3彩葉草目前研究5	
2.3.1毛喉鞘蕊花5	

2.3.2	彩葉草	7
2.4	自由基之介紹	8
2.4.1	自由基的定義	8
2.4.2	活性氧分子	8
2.4.3	自由基與活性氧產生的途徑	9
2.4.4	自由基與活性氧對生物之傷害	9
2.5	迷迭香酸	10
2.5.1	簡介	10
2.5.2	生物合成研究發展	14
2.5.3	生理活性	17
2.6	抗氧化活性測定原理	18
2.6.2	亞鐵離子螯合能力	18
2.6.3	還原力	19
2.6.4	超氧?離子清除能力	19
2.6.5	清除ABTS氧離子能力試驗	19
2.6.6	微脂粒氧化作用之抑制	20
2.6.7	類黃酮含量之測定	20
2.6.8	總多酚類化合物含量之測定	21
2.7	薄層層析	21
2.7.1	原理	21
2.7.2	固定相	22
2.7.3	流動相的選擇	22
2.7.4	顯色劑	23
2.7.5	用途	24
2.8	膠體過濾層析	24
2.9	傅立葉轉換紅外線光譜(FTIR)	25
2.10	高效能液相層析(HPLC)	25
3.	材料與方法	27
3.1	植物材料	27
3.2	藥品	27
3.3	儀器	28
3.4	實驗方法	29
3.4.1	實驗架構	29
3.4.2	植物萃取物之製備	32
3.4.3	抗氧化活性測定	32
3.4.4	薄層層析	38
3.4.5	管柱層析	38
3.4.6	高效能液相層析	38
4.	結果與討論	40
4.1	彩葉草莖、葉之冷榨萃取法	40
4.1.1	萃取率	40
4.1.2	抗氧化性質	40
4.2	不同萃取方法對彩葉草抗氧化性質之影響	50
4.3	彩葉草莖、葉之水熱迴流萃取法	54
4.3.1	萃取率	54
4.3.2	彩葉草的葉之清除DPPH自由基能力測定	54
4.3.3	彩葉草的莖之清除DPPH自由基能力測定	59
4.4	彩葉草之成分分析	59
4.4.1	彩葉草乙酸乙酯萃取物之HPLC分析	59
4.4.2	彩葉草乙酸乙酯萃取物之FTIR分析	61
4.4.3	彩葉草乙酸乙酯萃取物之LC/MS/MS分析	68
5.	結論	71
5.1	結論	71

5.2未來展望72

參考文獻73

附錄80

圖目錄

圖2.1彩葉草, (a)葉子、(b)花4

圖2.2毛喉素的結構式6

圖2.3自由基對細胞的傷害11

圖2.4迷迭香酸的結構式12

圖2.5迷迭香酸的合成路徑16

圖3.1實驗流程圖30

圖3.2抗氧化方法31

圖3.3冷壓榨法萃取流程33

圖3.4熱迴流法萃取流程34

圖4.1彩葉草萃取物清除DPPH自由基的能力之影響44

圖4.2彩葉草萃取物的螯合亞鐵離子能力46

圖4.3彩葉草萃取物的還原力48

圖4.4彩葉草萃取物的抑制微脂粒氧化作用之能力49

圖4.5彩葉草萃取物的清除ABTS陽離子能力51

圖4.6彩葉草萃取物的清除超氧陰離子能力52

圖4.7不同條件萃取彩葉草對清除DPPH自由基能力之影響53

圖4.8彩葉草葉不同溶劑萃取物之清除DPPH自由基能力57

圖4.9彩葉草莖不同溶劑萃取物之清除DPPH自由基能力60

圖4.10彩葉草葉-乙酸乙酯萃取物之HPLC層析圖62

圖4.11迷迭香酸之HPLC層析圖63

圖4.12彩葉草莖-乙酸乙酯萃取物之HPLC層析圖65

圖4.13彩葉草葉-乙酸乙酯萃取物之FTIR層析圖66

圖4.14彩葉草莖-乙酸乙酯萃取物之FTIR層析圖69

圖4.15彩葉草葉-乙酸乙酯萃取物之LC/MS/MS層析圖70

表目錄

表2.1迷迭香酸出現於不同植物中之例子13

表2.2唇形科植物中迷迭香酸的含量15

表2.3紅外線光譜區的劃分26

表4.1彩葉草之萃取率41

表4.2彩葉草之總多酚與總類黃酮含量42

表4.3彩葉草之半清除濃度(IC50)45

表4.4不同溶劑萃取彩葉草之萃取率55

表4.5不同溶劑萃取彩葉草之DPPH自由基半清除濃度(IC50)58

表4.6彩葉草葉-乙酸乙酯萃取物之迷迭香酸含量64

表4.7有機官能團的頻率範圍67

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