

Family Environment, Social Support and Resilience of Adolescents

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ABSTRACT

The purpose of this study was to compare the background variables among family environment, social support and resilience of adolescents. The correlation among family environment, social support and resilience was also explored, and the predictability based on family environment and social support was further discussed. The study was conducted through the questionnaire-survey method. Subjects were 611 public junior high school students in Taiwan. The subjects were administered by the Personal Background, Family Environment Scale, Social Support Scale, and Resilience Scale. Three-way ANOVA, one-way ANOVA, Pearson's correlation and Multiple Regression were used for the data analysis. The main findings of the study were summarized as follows: 1. Regarding students' family environment, social support and resilience, there were significant differences on education level. 2. There was significant difference on gender in students' social support; however, as for family environment and resilience, no difference was found. 3. Students from higher SES families had showed better family environment and resilience than lower SES. 4. No significant interaction effects were found among the demographic variables for the domain of family environment, social support and resilience. 5. Subjects who better interpersonal relationships had better family environment, social support and resilience. 6. Subjects who better academic achievements had better family environment, social support and resilience. 7. There was a significant positive correlation among family environment, social support and resilience during adolescence. 8. Family environment and social support showed apparent predictability to resilience. Based on the data of previous studies and this research, suggestions were offered for educational administrators, teachers, parents and future studies respectively.

Keywords : adolescents ; family environment ; social support ; resilience

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