

青少年家庭環境、社會支持與復原力之相關研究

張秋香、黃德祥

E-mail: 9805487@mail.dyu.edu.tw

摘要

本研究主要在探討不同背景變項的青少年在家庭環境、社會支持與復原力的差異情形，其次了解家庭環境、社會支持與復原力的相關，最後分析家庭環境及社會支持對復原力的預測作用。本研究以台灣北、中、南三區的公立國、高中學生611人為研究對象。評量工具包括基本資料表、家庭環境量表、社會支持量表與復原力量表。所得資料以三因子變異數分析、單因子變異數分析、Pearson積差相關、多元迴歸分析等方法進行統計分析。本研究結果發現：(一)國中生在家庭環境、社會支持與復原力上顯著高於高中生。(二)女生的社會支持高於男生，在家庭環境及復原力上則無顯著的性別差異。(三)高社經地位的青少年在家庭環境及復原力上高於低社經地位的青少年，在社會支持上則無顯著的差異。(四)不同學習階段、性別與社經地位的青少年，在家庭環境、社會支持及復原力上，並無顯著的交互作用。(五)自評人際關係較佳的青少年在家庭環境、社會支持與復原力上均較高。(六)自評學業成績較高的青少年在家庭環境、社會支持與復原力上均較高。(七)青少年的家庭環境、社會支持與復原力有顯著的相關。(八)青少年的家庭環境、社會支持對復原力有顯著的預測作用。

關鍵詞：青少年；家庭環境；社會支持；復原力

目錄

| | | | |
|--------------------------------------------|-----|-------------------------------------|-----|
| 中文摘要 | iii | 英文摘要 | iii |
| iv 誌謝辭 | | vi 內容目錄 | vi |
| vii 表目錄 | | ix 圖目錄 | ix |
| xi 第一章 緒論 | | 1 第一節 研究動機與目的 | 1 |
| 1 第二節 研究問題與假設 | | 10 第三節 名詞釋義 | 10 |
| 11 第四節 研究範圍與限制 | | 12 第二章 文獻探討 | 12 |
| 14 第一節 家庭環境之理論與相關研究 | | 14 第二節 社會支持之理論與相關研究 | 14 |
| 28 第三節 復原力之理論與相關研究 | | 35 第四節 家庭環境、社會支持與復原力之相關研究 | 35 |
| 55 第三章 研究設計 | | 59 第一節 研究架構 | 59 |
| 59 第二節 研究對象 | | 62 第三節 研究工具 | 62 |
| 65 第四節 資料處理與統計方法 | | 79 第五節 實施程序 | 79 |
| 80 第四章 結果與討論 | | 82 第一節 不同背景變項的青少年在家庭環境、社會支持及復原力上的差異 | 82 |
| 91 第二節 不同自評人際關係、學業成績的青少年在家庭環境、社會支持及復原力上的差異 | | 91 第三節 青少年的家庭環境、社會支持與復原力的相關分析 | 91 |
| 98 第四節 青少年的家庭環境與社會支持對復原力的預測分析 | | 103 第五章 結論與建議 | 103 |
| 107 第一節 結論 | | 107 第二節 建議 | 110 |
| 116 附錄A | | 143 附錄B | 143 |
| 149 | | | |

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