

青少年依附、寂寞與欺凌行為之研究

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摘要

本研究主要目的在探討青少年依附、寂寞與欺凌行為的關係。本研究首先考驗青少年的依附、寂寞與欺凌行為之相關情形；其次探討不同背景變項的青少年，依附、寂寞與欺凌行為的差異情形；最後以青少年的依附、寂寞對欺凌行為做預測分析。

本研究以台灣地區國中、國小學生為母群體，以方便取樣方式，抽取806位中、小學生為樣本，再施以「個人基本資料表」、「依附量表」、「寂寞量表」、「欺凌行為量表」後，以SPSS13.0 for Windows統計軟體進行描述性統計分析、皮爾森積差相關、雙因子變異數分析、逐步多元迴歸分析。

本研究之發現如下：

- 1.青少年的依附與寂寞有顯著相關；依附與欺凌行為有顯著相關；寂寞與欺凌行為有顯著相關。
- 2.男女生在依附、欺凌行為上有顯著差異；不同年級在寂寞、欺凌行為上有顯著差異。
- 3.青少年的依附、寂寞可預測欺凌行為。

根據結果，提出具體建議，提供家長、教師與教育單位參考。

關鍵詞：依附、寂寞、欺凌行為

目錄

中文摘要	iii
英文摘要	iv
誌謝辭	v
內容目錄	vi
表目錄	viii
圖目錄	xi
第一章 緒論	1
第一節 研究動機	1
第二節 研究目的	4
第三節 研究問題	4
第四節 名詞釋義	5
第二章 文獻探討	8
第一節 依附之理論內涵與相關研究	8
第二節 寂寞之理論內涵與相關研究	23
第三節 欺凌行為之理論內涵與相關研究	33
第四節 依附、寂寞與欺凌行為之相關研究	41
第三章 研究設計與實施	50
第一節 研究架構	50
第二節 研究對象	51
第三節 研究工具	54
第四節 實施程序	66
第五節 資料處理與分析	67
第四章 研究結果	69
第一節 描述性統計分析	69
第二節 依附、寂寞與欺凌行為之關係	71
第三節 不同背景變項(性別、年級)之依附、寂寞與 欺凌行為之差異情形	74
第四節 依附、寂寞對欺凌行為之預測分析	89
第五章 討論、結論與建議	95

第一節	討論與結論	95
第二節	建議	109
參考文獻	114
附錄A 研究問卷		139
附錄B 問卷指導語		143
附錄C 「人際依附風格量表」使用同意書		144

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