

社會支持與跨文化適應關係之研究

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摘要

本研究探討外籍學生社會支持與跨文化適應的關係。針對外籍學生在台求學所面臨的一般適應、人際互動適應以及學習適應的問題，分析社會支持來源之親屬支持、主要團體支持以及次級團體支持對跨文化適應之影響。

本研究採問卷調查法，回收之188份有效問卷經分析後發現，次級團體所提供的支持對跨文化適應幫助最大；其次為主要團體所提供的支持，對於人際互動及學習上較有幫助。親屬支持對跨文化適應並無幫助及適應不良的情形，以學習適應最顯著。

關鍵詞：社會支持、跨文化適應、外籍學生

目錄

中文摘要	iii
英文摘要	iv
誌謝辭	v
內容目錄	vi
表目錄	viii
圖目錄	ix
第一章 緒論	1
第一節 研究背景與動機	1
第二節 研究目的與問題	3
第三節 研究對象	3
第二章 文獻探討	4
第一節 社會支持	4
第二節 跨文化適應	13
第三節 社會支持與跨文化適應相關研究	19
第三章 研究方法	21
第一節 研究架構	21
第二節 研究假設	22
第三節 操作型定義	22
第四節 衡量工具	24
第五節 預測	26
第六節 正式施測	27
第七節 資料分析方法	28
第四章 研究結果	30
第一節 樣本結構	30
第二節 信效度分析	32
第三節 相關分析	35
第四節 χ^2 歸分析	36
第五節 假設驗證	38
第五章 討論、結論與建議	41
第一節 討論	41
第二節 結論	43
第三節 建議	43
參考文獻	48
附錄A 研究問卷	62
附錄B 社會支持與跨文化適應之項目分析表	66

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