

Study on the Antioxidativity and Chemical Components of *Bidens pilosa* and *Liquidambar formosana*

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ABSTRACT

In this study, to examine the effect of drying temperature on antioxidant activities, *Bidens pilosa* was first dried under various temperatures (40, 60, 80 and 100 °C) and was then extracted using a hot reflux of ethanol-water (50-50) solution. In addition, various solvents (n-hexane, dichloromethane, methanol-water, and methanol-chloroform) were used to extract *Bidens pilosa* and *Liquidambar formosana* to examine the in vitro antioxidant activities. These antioxidative activities assays included 1,1-diphenyl-picrylhydrazyl (DPPH) radical scavenging ability, Fe²⁺ chelating ability, relative reducing power, superoxide anion scavenging ability, the inhibition of Fe/ascorbate-induced lipid peroxidation in a liposome model system, and ABTS cation scavenging ability. These antioxidative activities of *Bidens pilosa* and *Liquidambar formosana* were measured and compared with those of butylated hydroxyanisole (BHA), ethylene diamine tetracetic acid (EDTA), α -tocopherol and gallic acid. The experimental results show that the recovery rate of extraction for leaf is higher than that for stem when *Bidens pilosa* was dried under various temperatures and then extracted using the hot reflux of 50% ethanol. The extracts from the leaf of *Bidens pilosa* (dried under 40 °C) had the highest contents of total flavonoids and total phenols (10.89 and 63.96 mg/g, respectively) and better antioxidant activities than those of the stem. These antioxidant activities of the leaf of *Bidens pilosa* were obtained to be the DPPH radical scavenging ability, IC₅₀ = 0.03 ± 0.00 mg/g; the Fe²⁺ chelating ability, IC₅₀ = 0.08 ± 0.01 mg/g; the relative reducing power, k = 1.13 ± 0.01 mL/mg; the superoxide anion scavenging ability, 60.7%; the inhibition of lipid peroxidation, 71.0%; and the ABTS cation scavenging ability, IC₅₀ = 0.03 ± 0.01 mg/g. In addition, *Bidens pilosa* and *Liquidambar formosana* were extracted using various solvents. The extracts of *Bidens pilosa* and *Liquidambar formosana* from the methanol-water fraction had the highest contents of total phenol (63.60 and 49.41 mg/g, respectively). However, the extracts of *Bidens pilosa* and *Liquidambar formosana* from methanol-chloroform fraction had the highest contents of total flavonoids (49.91 and 26.81 mg/g, respectively). For antioxidant activities, the extracts of *Bidens pilosa* and *Liquidambar formosana* from the methanol-water fraction performed the best. These antioxidant activities for the extracts of *Bidens pilosa* and *Liquidambar formosana* were obtained as: the DPPH radical scavenging ability, IC₅₀ = 0.03 ± 0.00 and 0.06 ± 0.00 mg/g, respectively; the Fe²⁺ chelating ability, IC₅₀ = 0.06 ± 0.01 and 0.23 ± 0.00 mg/g; the relative reducing power, k = 0.88 ± 0.05 and 0.40 ± 0.01 mL/mg; the superoxide anion scavenging ability, 64.1 and 72.6%; the inhibition of lipid peroxidation, 57.8 and 69.7%; and the ABTS cation scavenging ability, IC₅₀ = 0.05 ± 0.01 and 0.02 ± 0.00 mg/g. In summary, both *Bidens pilosa* and *Liquidambar formosana* showed some antioxidant activities. *Bidens pilosa* had better antioxidant activities when it was dried under 40 °C, and the leaf was better than the stem. When various solvents were used to extract *Bidens pilosa* and *Liquidambar formosana*, the extract from the methanol-water fraction had the highest antioxidant activities and the content of total phenol. The result also shows that the antioxidant activity is related to the content of total phenol. The findings in this study can help understand the antioxidant activities and processing methods of *Bidens pilosa* and *Liquidambar formosana*.

Keywords : *Bidens pilosa* ; *Liquidambar formosana* ; antioxidant ; total phenol ; total flavonoid

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