

Study on the Antioxidative Properties of *Symphytum officinale* and *Polygonum multiflorum*

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ABSTRACT

In this study, *Symphytum officinale* and *Polygonum multiflorum* were extracted using four different solvents, n-hexane, dichloromethane, methanol-chloroform and methanol-water. The assays of antioxidative activities were included , -diphenyl-picrylhydrazyl (DPPH) radical scavenging ability, Fe²⁺ chelating ability, relative reducing power, superoxide anion scavenging ability, the inhibition of Fe/ascorbate-induced lipid peroxidation in a liposome model system, and ABTS cation scavenging ability. These antioxidative activities of *Symphytum officinale* and *Polygonum multiflorum* were measured and compared with those of butylated hydroxyanisole (BHA), ethylene diamine tetracetic acid (EDTA), -tocopherol and gallic acid. The extracts of *Symphytum officinale* and *Polygonum multiflorum* from the methanol-chloroform fraction and the methanol-water fraction had the highest contents of total phenol (39.15 and 96.42 mg/g, respectively). However, the extracts of *Symphytum officinale* and *Polygonum multiflorum* from the methanol-chloroform fraction and dichloromethane had the highest contents of total flavonoids (22.32 and 28 mg/g, respectively). For antioxidant activities, the extracts of *Symphytum officinale* and *Polygonum multiflorum* from the methanol-chloroform fraction and the methanol-water fraction performed the best. These antioxidant activities for the extracts of *Symphytum officinale* and *Polygonum multiflorum* were obtained as follows: the DPPH radical scavenging ability, IC₅₀ = 0.21 ± 0.01 and 0.01 ± 0.00 mg/g, the Fe²⁺ chelating ability, IC₅₀ = 0.17 ± 0.00 and 0.17 ± 0.01 mg/g, the relative reducing power, k = 0.20 ± 0.00 and 0.17 ± 0.00 mL/mg, the superoxide anion scavenging ability, 30.92% and 71.68%, the inhibition of lipid peroxidation, 57.25% and 78.88%, and the ABTS cation scavenging ability, IC₅₀ = 0.24 ± 0.05 and 0.02 ± 0.01 mg/g, respectively. In summary, both *Symphytum officinale* and *Polygonum multiflorum* showed some antioxidant activities. When various solvents were used to extract *Symphytum officinale* and *Polygonum multiflorum*, the extracts from the methanol-chloroform fraction and the methanol-water fraction had the highest antioxidant activities. The findings in this study can help understand the antioxidant activities and processing methods of *Symphytum officinale* and *Polygonum multiflorum*.

Keywords : *Polygonum multiflorum* ; *Symphytum officinale* ; Antioxidant

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