

# The analysis of the influence of extensive reading on learners' reading motivation and reading performance = 廣泛閱讀對

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## 摘要

中文摘要 本研究主要探討廣泛閱讀對於大學學生閱讀動機及閱讀表現之影響。受試者為大葉大學英美系大一新生中隨機選取的兩班英美新生，分別作為；控制組以及實驗組。當中只有實驗組實施廣泛閱讀，學生須閱讀四本以上由本研究所提供的英語讀物或是四本以上由自行選擇的任何英文讀物。實驗組學生需於學期當中繳交兩份讀書心得以及於課堂上以簡報方式報告其閱讀感想，研究者希望此兩項讀後活動可以更精確的追蹤學生的閱讀進度。此外，閱讀習慣、閱讀方式及閱讀動機將以問卷方式連同兩次全民英中級閱讀測驗分別對實驗組學生做出前後兩次測量，藉以觀察廣泛閱讀是否能顯著的提升學生的動機及閱讀成績。最後，實驗組學生必須與研究者就本身所繳交心得進行一次訪問方便研究者對受試者對於廣泛閱讀的感想及接受度能有更進一步的理解。根據問卷結果，多數受試者對於廣泛閱讀持正面的評價，另一方面實驗組與控制組於全民英檢閱讀的總分結果的交互評比上並未反應出任何顯著差異。然而若將其閱讀總成績分別以單字、克漏字及閱讀理解等三個類別進行區分，則實驗組在單字量的確得到顯著提升。此外，比較起實驗組，控制組在閱讀理解部份於前測與後測分數比較上表現出顯著的落差。這樣的結果暗示了廣泛閱讀在增進閱讀理解能力上所帶來的正向的可能性及實用性。最後綜合與實驗組中所有受試者訪談後的結論，研究者發現，很明顯的，多數受試者喜愛廣泛閱讀的概念並也期待未來在正式課程中能接收到類似廣泛閱讀的閱讀課程。

關鍵詞：廣泛閱讀;動機

## 目錄

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