

# 青少年家庭心理環境因素與童年受不當對待之研究

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## 摘要

本研究之主要目的在調查國中階段之青少年童年受不當對待的情形，瞭解性別因素是否會影響他們受虐的程度，並探討親子溝通、家庭氛圍、親子衝突等家庭心理環境因素與兒童受不當對待的關聯、相互作用與因果關係。本研究以便利取樣的方式抽取台北縣、苗栗縣、台中縣、台中市、彰化縣、雲林縣以及台南縣等七個縣市各一所國中共計311名學生為研究對象，經施以基本資料調查表、親子溝通量表、家庭氣氛量表、親子衝突量表、童年受不當對待量表等研究工具，所得之資料經描述性統計、t考驗、皮爾森積差相關、逐步迴歸分析與線性結構關係分析方法加以分析考驗，獲致以下各項研究結果。一、童年受不當對待各類型的盛行率頗高，依比率的高低排列，情感忽視所佔的比率最高（90%），其次是精神虐待（76%）、生理忽視（74%），最後為身體虐待（44%）。二、不同性別在身體虐待、生理忽視、精神虐待、情感忽視等不當對待類型上，並未存在顯著性的差異。三、親子溝通、家庭氛圍、親子衝突等主要變項內含的七個因素間有顯著相關。親子溝通變項、家庭氛圍變項與親子衝突有負相關。四、主要變項內含的因素中，親人溝通技巧、個人溝通技巧、凝聚力、和諧、衝突頻率等五個因素分別對身體虐待、生理忽視、精神虐待、情感忽視，具有顯著預測作用。五、本研究所建構的主要變項結構模式圖經AMOS考驗後，發現大部份的變項因果關係獲得支持。最後本研究根據研究發現，對家長、政府機構、兒童福利單位與未來研究提供各項建議。

關鍵詞：童年受不當對待；親子溝通；家庭氛圍

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