

Determination of Rosmarinic Acid and Caffeic Acid Contents in Herbal Tea Extracts

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ABSTRACT

In this study, a high performance liquid chromatography (HPLC) method was developed to analyze two nature phenolic compounds, rosmarinic acid (RA) and caffeic acid (CA) quantitatively. The separation system consisted of a C18 reversed-phase column, a gradient elution system of acetonitrile and 0.05 M sodium monohydrogen phosphate buffer, and a photodiode array detector. Detection wavelength was 330 nm. The flow rate was 1.0 mL/min. Retention time of RA and CA standards were about 30 and 9 minutes, respectively. Linear regression relationship was good ($r > 0.99$) between peak areas and concentrations in the range of 1 to 100 $\mu\text{g/mL}$. Detection limit of RA and CA were 0.54 and 0.12 $\mu\text{g/mL}$, and the limit of quantification were 1.80 and 0.40 $\mu\text{g/mL}$ respectively. Recovery of both were greater than 91%. Ethanol(47.5% and 95%), 70 and 50 water were used to investigate the effect of solvents on the extraction of RA and CA from commercial herbal teas. Results indicated that RA content of *Rosmarinus officinalis* were 10.38 ± 0.08 , 7.77 ± 0.04 , 3.21 ± 0.05 and 2.01 ± 0.00 mg/g extract in four solvents, respectively. However, the content of RA in *Rosmarinus officinalis* was the highest among those. It was found that there was the lowest RA content in *Tilia* sp. using 47.5% and 95% ethanol - 0.43 ± 0.01 and 0.32 ± 0.00 mg/g extract, respectively. In the meantime, RA content of *Lippia citriodora* in 70 and 50 water were the lowest among those - 0.13 ± 0.00 and 0.07 ± 0.00 mg/g extract, respectively. In addition to *Mentha piperita* in 70 and 50 water, RA content of others showed significant difference($p < 0.05$) in different solvents of extraction. In a word, 47.5% ethanol was the best extraction solvent for RA. *Cymbopogon* sp. got the highest CA content using 47.5% ethanol extraction which was 1.88 ± 0.01 mg/g extract. However, CA content of *Salvia officinalis* was the highest among those using 95% ethanol. *Lippia citriodora* showed the lowest CA content - 1.04 ± 0.00 mg/g extract in both 47.5% and 95% ethanol. While using 70 water as solvent, CA content of *Rosmarinus officinalis* was the highest - 0.79 ± 0.01 mg/g extract among those. In short, the results showed no significant difference among CA content in *Tilia* sp., *Cymbopogon* sp. and *Centaurea cyanus*, and also between *Centaurea cyanus* and *Mentha piperita*. According to using 50 water as extraction solvent, CA content of *Salvia officinalis* was the highest - 0.84 ± 0.01 mg/g extract. And then results were stated that there were significant difference($p < 0.05$) except for three groups - (*Tilia* sp. and *Melissa officinalis*), (*Rosmarinus officinalis* and *Lippia citriodora*), and (*Matricaria chamomilla* and *Cymbopogon* sp.). Between those groups were no significant difference in CA content. For CA extraction, 47.5% and 95% ethanol showed better results than solvent of water.

Keywords : herbal tea ; rosmarinic acid ; caffeic acid ; High Performance Liquid Chromatography

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