

花草茶萃取物中迷迭香酸和咖啡酸的含量分析

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摘要

本研究針對自然界中的酚類化合物 - 迷迭香酸(rosmarinic acid, RA)和咖啡酸(caffeic acid, CA)二種常見的酚酸, 利用高效能液相層析儀, 建立其定量分析方法。本研究採用逆相C18層析管柱, 光電二極體陣列偵測器波長330 nm, 流速1.0 mL/min, 移動相組成為氘甲烷和0.05 M磷酸氫二鈉水溶液, 以梯度移動的方式進行沖提。結果顯示迷迭香酸的滯留時間約為30分鐘, 而咖啡酸則為9分鐘。當線性濃度範圍在1~ 100 $\mu\text{g/mL}$ 內, 呈現良好的線性關係(相關係數大於0.99)。迷迭香酸及咖啡酸的偵測極限分別為0.54及0.12 $\mu\text{g/mL}$, 而定量極限分別為1.80及0.40 $\mu\text{g/mL}$ 。將此法實際運用於市售之十二種花草茶材料檢測, 所得回收率均高於91%, 顯示此分析方法, 適用於咖啡酸和迷迭香酸的分析。分別以47.5%乙醇、95%乙醇、70%及50%水等四種不同的溶劑萃取下, 迷迭香所含有的RA含量為最高, 分別是 10.38 ± 0.08 、 7.77 ± 0.04 、 3.21 ± 0.05 和 2.01 ± 0.00 mg/g萃取物。而在47.5%乙醇和95%乙醇萃取下, RA含量最低的是菩提葉, 分別為 0.43 ± 0.01 和 0.32 ± 0.00 mg/g萃取物。在70%和50%水中, 以檸檬馬鞭草所含的RA最低, 分別是 0.13 ± 0.00 和 0.07 ± 0.00 mg/g萃取物。除薄荷葉在70%及50%水萃取液沒有明顯差異外, 其餘花草茶在四種溶劑中均有明顯差異($p < 0.05$)。整體而言, 在47.5%乙醇萃取下, 對迷迭香酸有較佳的萃取效果。在47.5%乙醇萃取下, CA含量最高的是檸檬草 1.88 ± 0.01 mg/g萃取物。而在95%乙醇萃取下, 鼠尾草 1.64 ± 0.00 mg/g萃取物含量最高。在47.5%乙醇和95%乙醇萃取下, 檸檬馬鞭草 1.04 ± 0.00 mg/g萃取物最低, 且沒有明顯差異。在70%水萃取下, 迷迭香 0.79 ± 0.01 mg/g萃取物含量最高。而菩提葉、檸檬草及矢車菊間無明顯差異, 及矢車菊和薄荷葉間亦無明顯差異外, 其餘樣品均有顯著差異($p < 0.05$)。若以50%水進行萃取, CA含量最高的是鼠尾草 0.84 ± 0.01 mg/g萃取物。結果顯示, 除了菩提葉和香蜂葉、迷迭香和檸檬馬鞭草、及洋甘菊和檸檬草間無明顯差異外, 其餘樣品均有顯著差異($p < 0.05$)。對咖啡酸而言, 在47.5%及95%乙醇比70%及50%水有較佳的萃取效果。

關鍵詞: 花草茶; 迷迭香酸; 咖啡酸; 高效能液相層析

目錄

授權書.....	iii	中文摘要.....	iv	英文摘要.....	vi	誌謝.....	viii
目錄.....	viii	圖目錄.....	ix	表目錄.....	xii	第一章 緒言.....	xv
第二章 文獻回顧.....	3	第一節 多酚類.....	3	一、化學結構.....	3	二、生物活性.....	4
三、吸收代謝.....	4	第二節 迷迭香酸.....	5	一、簡介.....	5	二、生物活性.....	8
三、吸收代謝.....	12	四、生化合成.....	12	第三節 咖啡酸.....	13	一、簡介.....	13
二、生物活性.....	13	二、生物活性.....	15	三、生物合成途徑.....	17	第四節 分析方法.....	20
一、萃取.....	20	二、含量分析.....	21	三、HPLC分析條件.....	22	第三章 材料與方法.....	23
第一節 材料.....	23	一、花草茶材料.....	23	二、試藥.....	23	三、儀器.....	24
第二節 分析方法.....	24	一、花草茶樣品製備.....	24	二、標準品溶液之配製及檢量線之繪製.....	25	三、回收率.....	25
四、HPLC分析條件.....	25	五、統計分析.....	26	第四章 結果與討論.....	27	第一節 HPLC分析條件之探討.....	27
一、紫外光吸收波長的選擇.....	27	二、移動相的選擇.....	27	三、線性關係.....	28	四、分析靈敏度.....	29
五、回收率.....	29	第二節 迷迭香酸含量分析.....	30	第三節 咖啡酸含量分析.....	32	第五章 結論.....	35
參考文獻.....	44	附錄.....	44				

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