

# 白藜蘆醇對綠膿桿菌之抑制效果研究

黃彥能、張耀南

E-mail: 9607834@mail.dyu.edu.tw

## 摘要

本研究將市售50%與98%純度之白藜蘆醇 ( resveratrol, 3,5,4' -trihydroxystilbene ) 分別溶於含有不同濃度DMSO ( Dimethyl sulfoxide ) 之 10% 乙醇溶液中，再進行其對綠膿桿菌( *Pseudomonas aeruginosa* ) 之抑菌效果探討。研究結果顯示，50% 與 98% 純度白藜蘆醇對綠膿桿菌具有相似之抑菌效果，一般而言，98% 純度白藜蘆醇的抑菌效果大於 50% 純度者，但實際上其差異性不顯著，在第 4 小時培養時間時，其抑菌效果達到最佳狀態，但與白藜蘆醇的添加濃度與純度似乎無任何關係；白藜蘆醇的抑菌效果隨即降低，在第 8~12 小時培養時間時，其抑菌效果為最差，而後其抑菌效果逐漸增加而至穩定狀態。另外，DMSO 添加濃度亦影響白藜蘆醇的抑菌效果，其抑菌效果在 0.8% DMSO 添加濃度下達到最佳狀態，但隨其添加濃度增加而有少許下降趨勢。最後，若以 1.0 mg/ml 白藜蘆醇添加於含有 0.8% DMSO 之 10% 乙醇溶液中，白藜蘆醇對綠膿桿菌的抑菌效果可能達到最佳狀態。

關鍵詞：白藜蘆醇、綠膿桿菌、抑菌活性、濃度

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