

# Studies on Invitro Antioxidative and Invivo Hypolipidemic Activities of the Alpinia zerumbet Seed

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## ABSTRACT

In this study, essential oil from *Alpinia zerumbet* seed were obtained using steam distillation and identified using GC and GC-MS. The antioxidant activities of the water and ethanol extracts of *A. zerumbet* seed were also studied. Finally, serum lipid lowering effect of *A. zerumbet* seed was conducted using animal test. The results are as follows: the yields of essential oil of *A. zerumbet* seed is around 0.51%. The major volatile compounds in the essential oil of *A. zerumbet* are found to be terpenes, especially the monoterpenes (around 77.58%). After fractionation using silica gel column, the major volatile compounds in pentane fraction of *A. zerumbet* seed essential oil are found to be monoterpenes (around 75.66%), whereas the major volatile compounds found in the ether fraction of *A. zerumbet* seed essential oil are monoterpenes and oxygenated sesquiterpenes (27.10% and 24.53% respectively). The ethanol extract of *A. zerumbet* seed was found to have stronger DPPH free radical scavenging capability (91.68% in 10 mg/mL dosage) than that of water extract. The water extract of *A. zerumbet* seed was found to have stronger ferric ion chelating effect capability (52.46% 100 mg/mL dosage) than that of ethanol extract. The ethanol extract of *A. zerumbet* seed was found to have better linoleic acid oxidation inhibition capability (68.64% 20 mg/mL dosage) than that of water extract. The ethanol extract of *A. zerumbet* seed has higher rutin and quercetin contents (6.06 mg and 46.29 mg per 100 gram, respectively) than that of water extract. The ethanol extract of *A. zerumbet* seed has higher content of total polyphenol (2033 mg per mL) than that of water extract. In the essential oil and powder feeding study of *A. zerumbet* using the male hamsters, the male hamsters were fed with a controlled feed or a controlled feed plus 0.01, 0.05, or 0.1% *A. zerumbet* seed essential oil or plus 1, 3 and 5% *A. zerumbet* seed powder. Both of the essential oil and the seed power of *A. zerumbet* were found to lower the levels of triglyceride and cholesterol, low density lipoprotein effect in the liver and serum of the tested hamsters.

Keywords : *Alpinia zerumbet* ; essential oil ; terpenes ; hamster ; antioxidant ; serum lipid lowering effect

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