

及時化系統導入程度與工作倦怠關係之研究

聶志祿、林英顏

E-mail: 9607778@mail.dyu.edu.tw

摘要

本研究旨在探討JIT及時化系統導入與工作倦怠間之關係與影響，主要假設JIT及時化系統與工作倦怠呈現正比。本研究以國內導入JIT及時化系統相關作法公司為樣本，針對從業人員採取問卷調查方式進行便利抽樣。本研究結果發現，個人變項在JIT及時化系統導入程度無顯著差異，研究結果假設1未獲支持。惟依個人變項平均值之差異比較，不同性別、婚姻、年齡教育、程度服務、年資職位對JIT及時化系統導入程度感受程度有不同感受；個人變項之「年齡、婚姻」在工作倦怠具顯著差異，研究結果假設2-2、2-3獲得支持。另依個人變項平均值之差異比較，不同性別、婚姻、年齡教育、程度服務、年資職位對工作倦怠感受程度有不同感受；JIT及時化系統與工作倦怠呈正向關係，由迴歸係數可知標準化=0.023，達統計顯著水準($p < 0.05$)，研究結果假設3獲得支持；JIT及時系統各構面之「存貨系統」與工作倦怠關係，在加入人口控制變數後呈現顯著相關。

關鍵詞：及時化系統；工作倦怠；存貨系統；採購系統；標準化；TQC品質管制

目錄

中文摘要	iii	英文摘要	iii
iv 誌謝辭	v	內容目錄	v
vi 表目錄	viii	圖目錄	viii
ix 第一章 緒論	1	第一節 研究背景與動機	1
1 第二節 研究問題	3	第三節 研究重要性	3
4 第四節 研究範圍與限制	4	第二章 文獻探討	4
6 第一節 及時化系統	6	第二節 工作倦怠	6
18 第三章 研究方法	31	第一節 研究架構	31
31 第二節 研究假說	31	第三節 樣本與資料收集	31
34 第四節 變數操作性定義與問卷設計	34	第五節 統計分析方法	34
36 第四章 基本資料分析	38	第一節 基本資料	38
38 第二節 個人變項在JIT及時系統導入程度之差異性分析	41	第三節 個人變項在工作倦怠之差異性分析	44
44 第四節 JIT及時系統與工作倦怠分析	47	第五節 研究結果分析	59
59 第五章 結論	61	第一節 結論	61
61 第二節 建議	64	參考文獻	67
67 附錄 問卷調查表	83		

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