

青少年社會支持、認同與欺凌行為之研究

金來寧、謝智玲

E-mail: 9605054@mail.dyu.edu.tw

摘要

本研究主要目的在探討青少年社會支持、認同與欺凌行為的關係。本研究首先考驗不同背景變項的青少年，社會支持、認同與欺凌行為的差異情形；其次探究青少年的社會支持、認同與欺凌行為之相關情形；最後以青少年的性別、年級、社會支持、認同對欺凌行為做預測分析。本研究以台灣地區國中、國小為母群體，以方便取樣方法，抽取789位中、小學生為樣本，再施以「個人基本資料表」、「社會支持量表」、「認同量表」、「欺凌行為量表」後，以SPSS12.0 for Windows 統計軟體進行描述性統計分析、雙因子變異數分析、皮爾森積差相關、逐步多元迴歸分析。本研究之發現如下：1.男女生在社會支持、認同、欺凌行為上有顯著差異；不同年級在認同、欺凌行為上有顯著差異。2.青少年的社會支持與認同有顯著正相關；社會支持與欺凌行為有顯著相關；認同與欺凌行為有顯著相關。3.青少年的性別、年級、社會支持、認同可預測欺凌行為。根據結果，提出具體建議，提供家長、老師與教育單位參考。

關鍵詞：社會支持；認同；欺凌行為

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