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ABSTRACT

This study seeks to explore the relationship between personal traits, degree of involvement, and Well-being of female Tzu Chi volunteers. Purposive sampling were used to select the female volunteers of five Tzu Chi contact locations as the research sample. 618 questionnaires were released, 483 were valid, and the rate of valid retrieval was 78.2%. Data analysis included descriptive statistics, factor analysis, reliability analysis, t-test, one-way ANOVA and Pearson correlation analysis; the analytical results are summarized as follows: 1. Sample traits Average age is 44, most of whom graduated from vocational schools, are housewives, married, with grown children who have left the home, and have religious beliefs. Most have dispensable income of between 60,001 and 80,000 NT dollars. Slightly fewer participate as volunteer cadres, the average year of service is two years and nine months, and the average service hours are 5.2. 2. Proving hypotheses (1) There is a significant difference in age, family situations, and education in terms of degree of involvement. (2) There is a significant difference in marital status, education, and financial conditions in terms of well-being. (3) There is a significant difference in years of participation and numbers of service hours per week in terms of degree of involvement. (4) There is a positive correlation between an extrovert personality and the degree of involvement. (5) There is a negative correlation between a neurotic personality and the degree of involvement. (6) There is a positive correlation between personality traits and the well-being. (7) There is a positive correlation between degree of involvement and the well-being.

Keywords : female volunteers, Tzu Chi, personality traits, involvement, well-being

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