

The Relationship between the Choice of Retirement Plans and the Quality of Leisure Life of the Retired Officials in Nantou

陳秀義、邊瑞芬

E-mail: 9511213@mail.dyu.edu.tw

ABSTRACT

The purpose of this study is to investigate the civil servants' decision of retirement pension plan in Nantou County, and how does this decision correlates with their life quality. The subjects of this study are mainly the current registered civil servant retirees of Nantou County. The source of subjects are gained through "The Retired Teachers and Civil Servants of Nantou County of 1994", edited by Nantou County Government. There are 1215 members in total, among which 530 were randomly chosen and the questionnaire was sent to those individuals. They were 332 responded questionnaires and were lately become subjects of this research. Then, the responded mails were analyzed as data. The researcher concludes that the number of male retirees is greater than those of the females. The retired civil servants have averaging older age; there are 14.5% of those retirees with the age of 81 or above. The result shows that the retirees in choosing retirement pension plan preferred "monthly retirement plan". Also, it shows that there is no significant difference in the type of pension plan and their satisfactory of their life quality. Overall, their satisfactory level towards their life quality lies in "satisfactory" and "above satisfactory". The researcher reveals that majority of civil servant retirees within County achieve life satisfaction. The researcher suggests that the growth of aging population should be realized especially those of civil servant retirees. The emotional adaptation should be the focus of this phenomenon. The researcher strongly proposed that Government has to take an initiate action in incorporating resources in private sectors to care for our civil servant retirees. An integral elderly caring system should be established in order to provide a care-free life.

Keywords : retirement pension plan, recreation life, life quality

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