

新台灣之子的社會支持、自尊與生活滿意度之研究

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摘要

本研究的目的為：(1)瞭解新台灣之子的社會支持、自尊、生活滿意度之現況。(2)瞭解不同性別、年級、母親國籍的新台灣之子其社會支持、自尊、生活滿意度的差異情形。(3)探討新台灣之子的社會支持、自尊、生活滿意度之關係。(4)探討新台灣之子的社會支持對自尊及生活滿意度的預測力。本研究採問卷調查法，以「社會支持量表」、「自尊量表」、「多向度學生生活滿意量表」為研究工具，並以台北縣、桃園縣、台中縣、南投縣、彰化縣、高雄市、屏東縣七個縣市，共二十二所國民小學中高年級的新台灣之子共四百零八人為研究對象，進而以描述性統計、t考驗、單因子變異數分析、皮爾森積差相關、多元迴歸分析及階層迴歸分析等統計方法來考驗各項假設。研究結果如下：一、新台灣之子的社會支持、自尊、生活滿意情況良好。二、新台灣之子的女生在社會支持的「同學支持」和生活滿意度上的「家庭滿意」、「學校滿意」上的得分顯著高於男生。不同年級的新台灣之子在生活滿意度上的「家庭滿意」、「自我滿意」、「學校滿意」有顯著差異。不同母親國籍的新台灣之子在社會支持的「學校支持」、「老師支持」、「同學支持」、「父母支持」有顯著差異。三、新台灣之子的社會支持、自尊與生活滿意度之間有顯著相關。四、社會支持的「老師支持」、「同學支持」、「父母支持」能有效預測新台灣之子自尊的「自我尊重」。社會支持的「同學支持」能有效預測新台灣之子自尊的「自我尊重」、「自我價值」。五、自尊的「自我尊重」、「自我價值」能有效預測新台灣之子生活滿意度上的「家庭滿意」、「自我滿意」、「學校滿意」。六、社會支持對生活滿意產生直接效果，也會透過自尊對生活滿意產生間接效果。自尊在社會支持與生活滿意度間扮演著中介的角色。關鍵字：社會支持、自尊、生活滿意度、新台灣之子

關鍵詞：社會支持、自尊、生活滿意度、新台灣之子

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