

# Studies on Components of Essential Oil and the Antioxidant Abilities of Three Varieties Rosemary Planted in Taiwan

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## ABSTRACT

There are many flavorful compounds in aromatic plants. This study is can be divided into two parts. In the first part of this study, the essential oil of three varieties of rosemary harvested at different seasons in Taiwan was obtained by the steam distillation and the Likens-Nickerson steam distillation solvent extraction methods. Volatile composition and the antioxidant abilities of the essential oil and the methanol extract of dried leaves of rosemary were also studied. The yield of essential oil was influenced with harvested seasons and extraction methods. The yield of essential oil obtained from fresh rosemary leaves by Likens-Nickerson steam distillation solvent extraction method was found higher than that using traditional steam distillation method. All of the essential oil obtained was analyzed by using the gas chromatographer coupled with mass spectrometer. The major compounds identified in the essential oil of R. o. " Beneuden Blue " were alpha-pinene, 1,8-cineole, camphor, camphene, endo-borneol, beta-pinene, endobornyl acetate, beta-caryophyllene, gamma-terpinene, alpha-terpineol, alpha-phellandrene, delta-3-carene, alpha-terpinene, myrcene, alpha-terpinolene, and 4-terpineol. The major compounds identified in the essential oil of Rosmarinus officinalis were 1,8-cineole, alpha-pinene, camphene, geraniol, trans-caryophyllene, endo-borneol, camphor, endobornyl acetate, linalool, beta-pinene, alpha-terpinolene, myrcene, chrysanthenone, gamma-terpinene, alpha-terpineol, verbenone, 4-terpineol, terpinolene, verbenene, alpha-humulene, and pinocarvone. The major compounds identified in the essential oil of R.o. " Pink " were camphor, 1,8-cineole, alpha-pinene, endo-borneol, camphene, beta-pinene, endobornyl acetate, alpha-terpineol, trans-caryophyllene, gamma-terpinene, linalool, pinocarvone, 4-terpineol, myrcene, nopol, alpha-fenchyl acetate, delta-cadinene, myrtenol, alpha-copaene, beta-caryophyllene, alpha-terpinene. In the second part of this study, the antioxidant abilities of three varieties of rosemary harvested at summer season in Taiwan were studied. In the study of DPPH free radical scavenging effect and the reducing power test similar results were found that the methanol extract of de-essential oil dried rosemary leaves was stronger than that the methanol extract of dried rosemary leaves and the fresh rosemary leaf essential oil. But in the superoxide anion scavenging ability, the methanol extract of de-essential oil dried rosemary leaves was stronger than the methanol extract of dried rosemary leaves. The leaf essential oil of rosemary was found to not have the superoxide anion scavenging ability and probably have the promotion effect.

Keywords : rosemary ; essential oil ; antioxidant

## Table of Contents

|   |   |
|---|---|
| 目錄 封面內頁 簽名頁 授權書                               | iii 中文摘要  |
| iv 英文摘要                                       | vi 誌謝   |
| viii 目錄                                       | ix 圖目錄  |
| xi 表目   |   |
| 錄   | xii 第一章 前言 第二章 文獻回顧 第一節 迷迭香之簡介                    |
| 3 第二節 精油萃取方式                                  | 5 第三節 脂質之氧化作用                                     |
| 8 第四節 抗氧化劑作用及抗氧化活性測定原理                        | 12 第三章 迷迭香精油收率及其香氣成分分析 第一節 實驗材料與設備                |
| 20 第二節 實驗方法                                   | 24 第三節 結果討論                                       |
| 26 第四章 迷迭香精油及其甲醇萃取液之抗氧化研究 第一節 實驗材料與設備         | 114 第二節 實驗方法                                      |
| 116 第三節 結果討論                                  | 118 第五章 結論  |
| 131 參考文獻                                      | 133 圖目錄   |
| 圖3.1 Likens-Nickerson 水蒸氣蒸餾-溶劑萃取裝置..... 21    | 圖3.2 用於精油製備之水蒸氣蒸餾裝置..... 22                       |
| 圖3.3 濃縮塔裝置..... 23                            | 圖4.1 不同品種台灣產夏季採收迷迭香乾葉還原力之比較 120                   |
| 圖4.2不同品種台灣產夏季採收迷迭香去精油後乾葉還原 力之比較..... 121      | 圖4.3不同品種台灣產夏季採收迷迭香乾葉之DPPH自由 基清除能力比較..... 124      |
| 圖4.4 不同品種台灣產夏季採收迷迭香乾葉之DPPH自由 基清除能力比較..... 125 | 圖4.5 不同品種台灣產夏季採收迷迭香新鮮 葉精油之 DPPH自由基清除能力比較..... 126 |
| 圖4.7 不同品種台灣產夏季採收迷迭香乾葉之超氧陰離子 清除能力比較..... 127   | 圖4.8不同品種台灣產夏季採收迷迭香去精油後乾葉之超 氧陰離子清除能力比較..... 129    |
| 圖4.9不同品種台灣產夏季採收迷迭香新鮮葉精油之超氧 陰離子清除能力比           |   |

|  |     |
|--|-----|
| 較.....   | 130 |
| 表目錄 表3.1 不同品種、不同季節、不同抽出法所得台灣產迷迭香精油收率之比較...                         | 27  |
| 表3.2 自台灣產迷迭香精油中所鑑定到的揮發性成分....                                      | 28  |
| 表3.3 利用水蒸氣蒸餾法自不同品種、不同季節台灣產迷迭香新鮮葉所得精油中揮發性成分百分組成之比較.                 | 34  |
| 表3.4 利用溶劑萃取法自不同品種、不同季節台灣產迷迭香新鮮葉之水蒸氣蒸餾液水層中所抽得精油中揮發性成分百分組成之比較.....   | 53  |
| 表3.5 利用LN水蒸氣蒸餾-溶劑萃取法自不同品種、不同季節台灣產迷迭香破碎後之新鮮葉所抽得精油中揮發性成分百分組成之比較..... | 70  |
| 表3.6 利用LN水蒸氣蒸餾-溶劑萃取法自不同品種、不同季節台灣產迷迭香未破碎之新鮮葉所抽得精油中揮發性成分百分組成之比較..... | 93  |
| 表4.1 台灣產夏季採收不同品種迷迭香葉乾燥前後相對重量之變化.....                               | 119 |

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