

麵粉之化學組成與水餃皮品質之相關性

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摘要

本研究探討五種不同麵粉之化學成分(水分、粗蛋白質、灰分及蛋白質組成)及其製成水餃皮後之蒸煮特性(吸水率、最大吸水量、增重率、增容率及耗損率)與品質(感官品評分數、抗張強度及色澤)，以分析麵粉化學組成與水餃皮品質間之相關性。本研究所使用之麥種為AHRS (AMERICAN HARD RED SPRING)、AHRW (AMERICAN HARD RED WINTER)、ASW (AMERICAN SOFT WHITE)、APW (AUSTRALIAN PRIME HARD) 與CWRS (CANADIAN WESTERN RED SPRING)；五種麵粉製做成水餃皮後，經由色澤測定、物性分析及感官品評比較其品質之差異，進而找出五種麵粉其最適之加工條件(攪拌加水量及攪拌時間)。結果顯示五種麵粉製成水餃皮之最適加水量均為45%、攪拌時間均為10分鐘。將五種麵粉基本組成與其水餃皮蒸煮特性進行相關性分析，結果顯示五種麵粉粗蛋白含量與蒸煮增重率、耗損率呈現顯著負相關；在麵粉水分含量方面也有相同的結果。麵粉基本組成與水餃皮品質之相關性分析方面，麵粉之粗蛋白含量與水餃皮之抗張強度及HUNTER B值呈顯著正相關；在麵粉水分含量方面也有相同的結果。本研究依電泳分析之結果將麵粉蛋白質組分成六個區分，其分子量分別為第I區分：116.0 ~ 97.4 KDA、第II區分：66.2 KDA、第III區分：45.0 KDA、第IV區分：36.0 ~ 24.0 KDA、第V區分：24.0 ~ 19.7 KDA及第VI區分：19.7 ~ 6.5KDA。在麵粉之各蛋白質區分含量與水餃皮蒸煮特性相關性方面，第I、III、V及VI區分含量與水餃皮蒸煮增重率呈顯著負相關；第I區分含量與增容率呈顯著負相關；第I、III、V及VI區分含量與耗損率呈顯著負相關。在麵粉之各蛋白質區分含量與水餃皮品質相關性方面，第I、II、III、IV及V區分含量與生水餃皮抗張強度呈顯著正相關，第II、III及IV區分含量與熟水餃皮抗張強度呈顯著正相關；第I與V區分含量與水餃皮之HUNTER B值呈顯著正相關，第VI區分含量與水餃皮白色度(WHITE INDEX) 呈顯著負相關。

關鍵詞：水餃、水餃皮、化學組成、蛋白質、麵粉

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