

# 麵粉蛋白質組成對其麵糰物性與油炸麵筋球品質之影響

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## 摘要

本研究以不同麥種之小麥進行碾磨並以取粉率為60%所取得之麵粉為原料，進行其一般組成成分、FARINOGRAPH與EXTENSOGGRAPH麵糰物性、油炸麵筋球品質及蛋白質組成分析，同時探討不同麵粉之蛋白質組成對其麵糰物性及油炸麵筋球品質之影響。在麵粉基本組成與其麵糰物性之相關性分析方面，麵糰FARINOGRAPH物性值中之吸水量、離線時間及軟化指數與粗蛋白、濕筋及乾筋含量間呈顯著之正相關，而粗蛋白、濕筋及乾筋含量則與弱化度呈顯著之負相關。而麵糰EXTENSOGGRAPH物性值中之延展性則與灰分含量呈顯著之正相關；黏彈性（抗展性）與水分含量呈正相關。在油炸麵筋球品質與其麵糰物性之相關性方面，麵糰FARINOGRAPH物性值中之吸水量與油炸麵筋球之外觀品評分數呈正相關，而油炸麵筋球之尖峰力量、脆度、色澤B值與吸水量呈顯著之負相關；油炸麵筋球之色澤A值與離線時間、軟化指數呈負相關及油炸麵筋球品評之顏色深淺與弱化度亦呈負相關。在麵糰物性EXTENSOGGRAPH方面，其延展性及抗展性與油炸麵筋球品質之間則無顯著相關性。在麵粉之蛋白質組成與其麵糰物性之相關性方面，本研究依電泳分析之結果將麵粉蛋白質組成成分成六個區分，其分子量分別為I：116.0~97.4、II：66.2、III：45.0、IV：36.0~24.0、V：24.0~19.7及VI：19.7~6.5KDA。結果發現第I到V區分之蛋白質含量與FARINOGRAPH之吸水量呈顯著之正相關；第V與VI區分之蛋白質含量與離線時間亦呈顯著之正相關；第I、III、V及VI區分之蛋白質含量與軟化指數呈顯著之正相關；而第IV及V區分之蛋白質含量與弱化度則呈顯著之負相關。另外，麥穀蛋白群（I+III）含量、醇溶蛋白群（II+IV）含量及白蛋白、球蛋白群（V+VI）含量與吸水量及軟化指數亦呈顯著之正相關；與弱化度呈顯著之負相關。而在EXTENSOGGRAPH物性值方面，則無明顯之相關性。在麵粉之蛋白質組成與其油炸麵筋球品質之相關性方面，其結果為第I、II及V區分之蛋白質含量與油炸麵筋球之膨發體積、尖峰力量及HUNTER B值呈顯著之負相關；與HUNTER L、A值及外觀品評分數則呈顯著之正相關。另外，麥穀蛋白群（I+III）含量、醇溶蛋白群（II+IV）含量及白蛋白、球蛋白群（V+VI）含量與尖峰力量、相對脆度、HUNTER A及B值呈顯著之負相關；與感官品評之外觀、顏色及整體接受性則呈顯著之正相關。在不同溶劑抽取麵粉所得蛋白質之區分含量與其麵糰物性之相關性方面，以GLIADINS、GLOBULINS及RESIDUES含量與FARINOGRAPH之吸水量呈顯著之正相關；而GLIADINS及RESIDUES含量與離線時間及軟化指數具有顯著之正相關；與弱化度皆呈負相關。而在EXTENSOGGRAPH物性值方面，亦無明顯之相關性。在不同溶劑抽取麵粉所得蛋白質之區分含量與其油炸麵筋球之相關性方面，GLIADINS及RESIDUES含量與油炸麵筋球之尖峰力量、相對脆度、HUNTER A及B值呈顯著之負相關；與感官品評之外觀、顏色及整體接受性分數則呈顯著之正相關。而GLOBULINS含量則與HUNTER A值呈顯著之正相關；與HUNTER B值呈顯著之負相關；與感官品評之外觀、顏色及整體接受性分數均呈顯著之正相關。電泳分析結果顯示HMW GLUTENINS及 $\alpha$ -GLIADINS的含量與麵糰FARINOGRAPH物性指標及油炸麵筋球品質間具有顯著之相關性；不同溶劑抽取蛋白質的分析結果顯示，GLIADINS含量與麵糰物性指標及油炸麵筋球品質之間亦具有顯著相關性，因此，可證實麵粉中之GLIADINS與GLUTENINS在麵粉之麵糰物性與其製品品質上確實扮演著重要的角色。

關鍵詞：麵筋、油炸麵筋球、蛋白質組成、蛋白質區分、麵糰物性、醇溶蛋白、麥穀蛋白

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