

ANTIOXIDATIVE PROPERTIES OF THE EXTRACTS FROM DIFFERENT PARTS OF RADISH IN TAIWAN

姜淑繡、張基郁

E-mail: 9018627@mail.dyu.edu.tw

ABSTRACT

THE ROOTS, LEAFSTALKS, AND LEAVES OF RADISH (*RAPHANUS SATIVUS* L.) WERE USED AS MATERIALS IN THIS STUDY. AFTER FREEZE-DRYING, THESE THREE PARTS WERE EXTRACTED WITH METHANOL, WATER, AND ACETONE, RESPECTIVELY. THE ANTIOXIDANT PROPERTIES OF EXTRACTS, INCLUDING REDUCING POWER, FERROUS ION CHELATING POWER, 2,2-DIPHENYL-1-PICRYLHYDRAZYL (DPPH) RADICAL SCAVENGING ACTIVITY, INHIBITORY EFFECT ON LIPID PEROXIDATION AND SUPEROXIDE ANION SCAVENGING ACTIVITY, WERE MEASURED AND COMPARED WITH THOSE OF ALPHA-TOCOPHEROL AND BUTYLATED HYDROXYANISOLE (BHA). DATA SHOWED THAT BOTH METHANOL AND WATER EXTRACTS HAD A HIGH REDUCING POWER IN ALL THREE PARTS, AND THE ACETONE EXTRACT HAD A LOWEST VALUE. THE METHANOLIC EXTRACTS FROM ROOT AND LEAFSTALK PARTS AND THE WATER EXTRACT FROM LEAF PART HAD THE HIGHEST REDUCING POWER, WHICH WAS 1.3~1.4 TIMES AS HIGH AS THOSE OF ALPHA-TOCOPHEROL AND BHA WHEN THE RATIO OF SAMPLE WEIGHT/SOLVENT VOLUME WAS AT 20 MG/ML. IN THE RESULTS OF FERROUS ION CHELATING POWER, THE METHANOL, WATER AND ACETONE EXTRACTS HAD A LOW FERROUS ION CHELATING POWER IN ALL THREE PARTS, HOWEVER, THE METHANOLIC EXTRACT STILL HAD THE HIGHEST CHELATING POWER AMONG THE EXTRACTS USING THESE THREE SOLVENTS, WHICH WAS 3 TIMES AS HIGH AS THOSE OF THE ACETONE EXTRACT AND WATER EXTRACT. ALPHA-TOCOPHEROL AND BHA HAD NO FERROUS ION CHELATING POWER. THE EXTRACTS FROM LEAFSTALK USING THESE THREE SOLVENTS ALL HAD A CHELATING POWER LOWER THAN 15%. THE METHANOLIC EXTRACT FROM LEAVE PART HAD AN INCREASING FOLLOWED BY DECREASING CHELATING POWER. IN THE RESULTS OF DPPH RADICAL SCAVENGING ACTIVITY, THE METHANOLIC EXTRACT FROM ALL THREE PARTS HAD THE HIGHEST VALUES, WHICH WERE 96.5, 96.8 AND 104.97%, RESPECTIVELY FOR ROOT, LEAFSTALK, AND LEAF PARTS WHEN THE RATIO OF SAMPLE WEIGHT/SOLVENT VOLUME WAS 20 MG/ML, AND WERE AS HIGH AS THOSE OF ALPHA-TOCOPHEROL AND BHA. THE WATER EXTRACT FROM LEAVE ALSO HAD A HIGH DPPH RADICAL SCAVENGING ACTIVITY. IN THE RESULTS OF INHIBITORY EFFECT ON LIPID PEROXIDATION, THE METHANOLIC EXTRACT FROM LEAF HAD THE HIGHEST INHIBITORY EFFECT, HOWEVER, WHICH WAS ONLY 0.6 TIMES AS HIGH AS THOSE OF ALPHA-TOCOPHEROL AND BHA. THE METHANOLIC EXTRACTS FROM ROOT AND LEAFSTALK HAD LOW INHIBITORY EFFECT, WHICH WAS 0.2 TIMES AS HIGH AS THOSE OF ALPHA-TOCOPHEROL AND BHA. IN THE RESULTS OF SUPEROXIDE ANION SCAVENGING ACTIVITY, THE METHANOLIC EXTRACTS FROM ROOT AND LEAFSTALK HAD HIGHER SCAVENGING ACTIVITY, BUT LEAF PART SHOWED NO SCAVENGING ACTIVITY. IN THE ANALYSIS OF COMPONENTS OF THE METHANOLIC EXTRACT FROM THESE THREE PARTS OF RADISH, DATA SHOWED THE POLYPHENOLS CONTENT OF LEAF WAS 12.05 MG/G, WHICH WAS 3~4 TIMES AS HIGH AS THOSE OF ROOT AND LEAFSTALK. THE FLAVONOIDS CONTENT OF LEAVE WAS 11.07 MG/G, WHICH WAS 10 TIMES AS HIGH AS THOSE OF ROOT AND LEAFSTALK. THE ASCORBIC ACID CONTENT WAS RANGED BETWEEN 1.06 AND 1.2 MG/G FOR ALL THREE PARTS. THE CAROTENOIDS CONTENT OF LEAF WAS APPARENTLY HIGHER THAN THOSE OF ROOT AND LEAFSTALK. FROM THE RESULTS, IT SHOWED THAT THE LEAF PART OF RADISH HAD HIGHER CONTENTS OF POLYPHENOLS, FLAVONOIDS AND CAROTENOIDS, AND HAD HIGHER VALUES OF REDUCING POWER, FERROUS ION CHELATING POWER, DPPH RADICAL SCAVENGING ACTIVITY, AND INHIBITORY EFFECT ON LIPID PEROXIDATION. THEREFORE, IT IS WORTHY TO GIVE A PROPER TREATMENT OR PROCESSING TO DEVELOP A NEW TYPE OF PRODUCTS FROM RADISH LEAVES TO ENHANCE THE UTILIZATION OF RADISH.

Keywords : WORDS: RADISH, ANTIOXIDANT PROPERTIES, REDUCING POWER, FERROUS ION CHELATING POWER, DPPH RADICAL SCAVENGING ACTIVITY, SUPEROXIDE ANION.

Table of Contents

壹、緒論--P1 貳、文獻整理 一、蘿蔔之簡介--P5 二、脂質之氧化作用--P8 (一)熱引發的氧化作用--P8 (二)光感應的氧化作用--P9 (三)自氧化作用--P9 (四)酵素催化的氧化作用--P15 (五)影響脂質氧化之因素--P15 三、抗氧化劑的基本概念--P16 (一)抗氧化劑與抗氧化機構--P16 (二)抗氧化劑之種類--P18 (三)抗氧化劑的研究現況--P22 四、天然抗氧化劑--P22 (一)植物食品來源--P22 (二)天然抗氧化劑與生物體的關係--P31 五、抗氧化活性測定法--P34 (一)還原力之測定--P34 (二)亞鐵離子螯合能力之測定--P34 (三) , -DIPHENYL- -PICRYLHYDRAZYL (DPPH) 自由基清除能力之測定--P35 (四)抗過氧化作用力之測定--P36 (五)清除超氧陰離子能力之測定--P37 (六)超氧化物歧化之簡介--P38 六、研究架構--P49 參、材料與方法--P52 一、實驗材料--P52 二、材料製備--P54 三、實驗方法--P55 肆、結果與討論--P59 伍、結論--P84 陸、參考文獻--P86 柒、附錄：抗氧化功能評估方法--P96

REFERENCES

- 1.丁克祥、邱仲峰、呂鋒洲(1996) SOD生物醫學淺論。PP.7-10, 73-95, 藝軒出版社。
- 2.吳思敬、黃健政、張瑞郎(1995) 花生粕抗氧化活性之研究。中華生質能源學會會誌, 14(3-4):95-100。
- 3.吳昭其(1995) 台灣的蔬菜(一)。PP.5-7, 渡假出版社。
- 4.吳淳美(1979) 食品中之氧化-還原系統及食品抗氧化劑。食品工業, 11:42-49。
- 5.周洪範(1982) 中國秘方全書。PP.565, 好兄弟出版社。
- 6.林天送(1998) 生老病死的秘密。PP.92-94, 健康世界雜誌社。
- 7.胡昌熾(1966) 蔬菜學各論。PP.362-363, 台灣中華書局印行。
- 8.晏文潔、李家璞、杜平?(2000) 類黃酮抗氧化力與其結構之關係。台灣農業化學與食品科學, 38(1):80-88。
- 9.翁瑞光(1997) 苜蓿芽、豌豆芽及油菜芽抗氧化性之研究。宜蘭農工學報, 14:33-42。
- 10.翁瑞光(1998) 蘿蔔嬰萃取物於模式系統之抗氧化性。食品科學, 25(3):268-280。
- 11.翁瑞光、顏國欽(1997) 綠豆芽、黃豆芽及蘿蔔嬰抗氧化性之研究。中國農業化學會誌, 35(6):661-670。
- 12.高馥君、李敏雄(1998) 食品保存與抗氧化劑。食品工業, 30(12):17-24。
- 13.張明照(1999) 檸檬葉萃取物之抗氧化性。國立屏東科技大學食品科學研究所碩士論文。
- 14.張明慧、吳天賞、蘇正德(1996) 茵陳蒿抗氧化成分之研究。食品科學, 23:594-607。
- 15.張毅偉、蘇正德(1998) 百香果殼主要花青素及其抗氧化性之研究。食品科學, 25:651-656。
- 16.陳惠英、顏國欽(1998) 自由基、抗氧化防禦與人體健康。中華民國營養學會雜誌, 23(1):105-121。
- 17.陳鴻文(1996) 決明子抗氧化特性之研究。國立中興大學食品科學研究所碩士論文。
- 18.許夏芬、張肇麟、朱燕華(2000) 數種蔬菜中類黃酮含量及抗氧化性分析。台灣農業化學與食品科學, 38(5):377-387。
- 19.彭銘泉(1986) 中國藥膳大全。PP.98, 四川科學技術出版社。
- 20.普穎華(1996) 吃出健康來-蔬菜篇。PP.81-82, 昭文社出版。
- 21.葉佳聖、蘇正德(1993) 補骨脂抗氧化成分之研究。食品科學, 20:574-585。
- 22.劉伯康(1997) 數種傳統食用植物抗氧化性之研究。國立中興大學食品科學系碩士論文。
- 23.劉伯康、陳惠英、顏國欽(1999) 數種傳統食用植物甲醇萃取物抗氧化性之研究。中國農業化學會誌, 37(1):105-116。
- 24.樊謙騰、蘇正德(1997) 山竹果殼甲醇萃取物抗氧化成分及其作用機制之研究。中國農業化學會誌, 35:540-551。
- 25.歐陽禹(1994) 芽菜與豆。PP.16, 青春出版社。
- 26.鄭玉磬(1981) 淺談食品色素。科學月刊, 12(12):19-22。
- 27.顏國欽、劉美麟(1997) 木糖-離胺酸梅納反應產物及其區分物抗氧化性之研究。中國農業化學會誌, 35(3):273-287。
- 28.AOAC.(1980) "OFFICIAL METHODS OF ANALYSIS OF THE ASSOCIATION OF OFFICIAL ANALYTICAL CHEMISTS," 13TH EDITED BY ASSOCIATION OF OFFICIAL ANALYTICAL CHEMISTS, PP.738-739.WASH -INGTON, DC.
- 29.AROUMA, O. I.(1994) NUTRITION AND HEALTH ASPECTS OF FREE RADICALS AND ANTIOXIDANTS. FOOD CHEM. TOXIC. 32(7):671-683.
- 30.ASTORG, P.(1997) FOOD CAROTENOIDS AND CANCER PREVENTION : AN OVERVIEW OF CURRENT RESE -ARCH. TRENDS FOOD SCI. TECHNOL. 8(12):406-413.
- 31.BEACHAMP, C. AND FRIDOVICH, I.(1971) SUPEROXIDE DISMUTASE : IMPROVED ASSAYS AND AN AS -SAY APPLICABLE TO ACRYLAMIDE GELS. ANAL. BIOCHEM. 44:276-287.
- 32.BLOSI, M. S.(1958) ANTIOXIDANT DETERMINATION BY THE USE OF A STABLE FREE RADICAL. NAT -URE. 26:1199-1200.
- 33.BRANEN, A. L.(1975) TOXICOLOGY AND BIOCHEMISTRY OF BHA AND BHT. J. AM. OIL CHEM. SOC. 52:59-65.
- 34.BYERS, T. AND GUERRERO, N.(1995) EPIDEMIOLOGIC EVIDENCE FOR VITAMIN C AND VITAMIN E IN CANCER PREVENTION. AM. J. CLIN. NUTR. 62:1385-1392.
- 35.CHRISTEL, Q. D., BERNARD, G., JACQUES, V., THIERRY, D., CLAUDE, B., MICHEL, L., MICHEL -INE, C., JEAN-CLAUDE, C., FRANCOIS, B., FRANCIS, T.(2000) PHENOLIC COMPOUNDS AND ANT -IOXIDANT ACTIVITIES OF BUCKWHEAT (FAGOPYRUM ESCULENTUM MOENCH) HULLS AND FLOUR. J. ET -HNOPHARMACOLOGY. 72:35-42.
- 36.DECKER, E. A. AND WELCH, B.(1990) ROLE OF FERRITIN AS A LIPID OXIDATION CATALYST IN MU -SCLE FOOD. J. AGRIC. FOOD CHEM. 38:674.
- 37.DZLEZAK, J. D.(1986) ANTIOXIDANTS: THE ULTIMATE ANSWER TO OXIDATION. FOOD TECHNOL. 40(9):94-102.
- 38.FREED, M.(1966) L-ASCORBIC ACID. IN "METHODS OF VITAMIN ASSAY," 3RD. EDITED BY THE ASS -OCIATION OF VITAMIN CHEMISTS, PP.287-344. INC., INTERSCIENCE PUBLISHERS, NEW YORK.
- 39.GIESE, B.(1996) ANTIOXIDANT : TOOLS FOR PREVENTING LIPID OXIDATION. FOOD TECHNOL. 50(11):73-81.
- 40.GORDON, M. H.(1996) DIETARY ANTIOXIDANTS IN DISEASE PREVENTION. NAT. PROD. REP. 13:265-273.
- 41.HALLIWELL, B., M. A. MURCIA, S. CHIRICO AND O. I. ARUOMA(1995) FREE RADICALS AND ANTI -OXIDANTS IN FOOD AND IN VIVO : WHAT THEY DO AND HOW THEY WORK. CRIT. REV. FOOD SCI. NUTR. 35:7-20.
- 42.HANASAKI, Y., OGAWA, S. AND FUKUI, S.(1994) THE CORRELATION BETWEEN ACTIVE OXYGENS SCAVENGING AND ANTIOXIDATIVE EFFECTS OF FLAVONOIDS. FREE RADIC. BIOL. MED. 16(6):845-850.
- 43.HAVSTEEN, B.(1983) FLAVONOIDS, A CLASS OF NATURAL PRODUCTS OF HIGH PHARMACOLOGICAL POTENCY.

BIOCHEM. PHARMACOL. 32: 1141-1148. 44.HU, C., YING, Z. AND DAVID, D. K. (2000) EVALUATION OF ANTIOXIDANT AND PROOXIDANT ACTIVITIES OF BAMBOO PHYLLOSTACHYS NIGRA VAR. HENONIS LEAF EXTRACT IN VITRO. J. AGRIC. FOOD CHEM. 48: 3170-3176. 45.HUDSON, B. J. F. AND LEWIS, J. I. (1983) POLYHYDROXY FLAVONOID ANTIOXIDANTS FOR EDIBLE OILS. STRUCTURAL CRITERIA FOR ACTIVITY. FOOD CHEM. 10: 47-53. 46.ITO, N., FUKUSHIMA, S. AND TSUDA, H. (1985) CARCINOGENICITY AND MODIFICATION OF THE CARCINOGENIC RESPONSE BY BHA, BHT, AND OTHER ANTIOXIDANTS. CRC CRIT. REV. TOXICOL. 15: 109-150. 47.JOHNSON, A. R. AND HEWGILL, F. R. (1961) THE EFFECT OF THE ANTIOXIDANTS, BHA, BHT, AND PG ON GROWTH, LIVER AND SERUM LIPIDS AND SERUM SODIUM LEVEL OF THE RAT. AUST. J. EXP. BIOL. MED. SCI. 39: 353. 48.KANNER, J., GERMAN, J. B. AND KINSELLA, J. E. (1987) INITIATION OF LIPID PEROXIDATION IN BIOLOGICAL SYSTEMS. CRIT. REV. FOOD SCI. NUTR. 25(4): 317-363. 49.KIM, S. J., HAN, D., PARK, M. H. AND RHEE, J. S. (1994) SCREENING FOR SUPEROXIDE DIMUTASE-LIKE COMPOUNDS AND ITS ACTIVATORS IN EXTRACTS OF FRUITS AND VEGETABLES. BIOSCI. BIOTECH. BIOCHEM. 58(12): 2263-2265. 50.KIM, S., HAN, D., MOON, K. D. AND RHEE, J. S. (1995) MEASUREMENT OF SUPEROXIDE DIMUTASE-LIKE ACTIVITY OF NATURAL ANTIOXIDANTS. BIOSCI. BIOTECH. BIOCHEM. 59(5): 822-826. 51.KITAGAWA, Y., TANAKA, N., HATA, Y., KUSUNOKI, M., G. P. LEE, KATSUBE, Y., ASADA, K. AND MORITA, Y. (1991) THREE-DIMENSIONAL STRUCTURE OF CU,ZN-SUPEROXIDE DISMUTASE FROM SPIRULINA NACH AT 2.0 Å RESOLUTION. J. BIOCHEM. 109: 477-485. 52.KITTSS, D. (1997) AN EVALUATION OF THE MULTIPLE EFFECTS OF THE ANTIOXIDANT VITAMINS. TRENDS FOOD SCI. TECHNOL. 8(6): 198-203. 53.KLEIN, B. P. AND PERRY, A. K. (1982) ASCORBIC ACID AND VITAMIN A ACTIVITY IN SELECTED VEGETABLES FROM DIFFERENT GEOGRAPHICAL AREAS OF THE UNITED STATES. J. FOOD SCI. 47: 941-945. 54.KRINSKY, M. I. (1990) ANTIOXIDANT FUNCTIONS OF BETA-CAROTENE. FOOD NUTR. HEALTH. 13: 1-5. 55.KURECHI, T., KIKUGAWA, K. AND KATO, T. (1980) STUDIES ON THE ANTIOXIDANT X-HYDROGEN DONATING CAPABILITY OF ANTIOXIDANTS TO 2,2-DIPHENYL-1-PICRYLHYDRAZYL. CHEM. PHARM. BULL. 28: 2089-2093. 56.KURILICH, A. C., TSAU, G. J., BROWN, A., HOWARD, L., KLEIN, B. P., JEFFERY, E. H., KUSHAD, M., WALLIG, M. A. AND JUVIK, J. A. (1999) CAROTENE, TOCOPHEROL, AND ASCORBATE CONTENTS IN SUBSPECIES OF BRASSICA OLERACEA. J. AGRIC. FOOD CHEM. 47: 1576-1581. 57.LARSON, R. A. (1988) THE ANTIOXIDANTS OF HIGHER PLANTS. PHYTOCHEMISTRY. 27: 969-978. 58.LEVY, J., DANILENKO, M. AND SHARONI, Y. (1997) THE TOMATO CAROTENOID LYCOPENE AND CANCER. IN: FOOD FACTORS FOR CANCER PREVENTION. PP.209-212. 59.MACKERRAS, D. (1995) ANTIOXIDANTS AND HEALTH-FRUITS AND VEGETABLES OR SUPPLEMENTS? FOOD AUST. 47(11S): 3-23. 60.MASON, P. (1995) ANTIOXIDANT SUPPLEMENTS: SHOULD THEY BE RECOMMENDED? PHARM. J. 25: 254,264-266. 61.MEIR, S., KANNER, J., AKIRI, B. AND PHILOSOPH-HADAS, S. (1995) DETERMINATION AND INVOLVEMENT OF AQUEOUS REDUCING COMPOUNDS IN OXIDATIVE DEFENSE SYSTEMS OF VARIOUS SENCESCING LEAVES. J. AGRIC. FOOD CHEM. 43(7): 1813-1819. 62.MEYSKENS, F. L. AND MANETTA, A. (1995) PREVENTION OF CERVICAL INTRAEPITHELIAL NEOPLASIA AND CERVICAL CANCER. AM. J. CLIN. NUTR. 62: 1417-1419. 63.MISTRY, B. S. AND MIN, D. B. (1992) OXIDIZED FLAVOR COMPOUNDS IN EDIBLE OILS. IN "OFF-FLAVORS IN FOODS AND BEVERAGES." EDITED BY CHARALAMBOUS, G. PP.171-209. ELSEVIER, AMSTERDAM. 64.NAMIKI, M. (1990) ANTIOXIDANTS / ANTIMUTAGENS IN FOOD. CRIT. REV. FOOD SCI. NUTR. 29: 281-300. 65.NAWAR, W. W. (1985) LIPID. IN "FOOD CHEMISTRY" EDITED BY FENNEMA, O. R. MARCEL DEKKER, PP.139-244. INC., NEW YORK. 66.NIKI, E., NOGUCHI, N., IWATSUKI, M., AND KATO, Y. (1996) DYNAMICS OF ANTIOXIDATION BY PHENOLIC ANTIOXIDANTS:PHYSIOCHEMICAL ISSUES. IN "PROCEEDINGS OF THE INTERNATIONAL SYMPOSIUM ON NATURAL ANTIOXIDANTS MOLECULAR MECHANISM AND HEALTH EFFECTS." EDITED BY PACKERS, L., TRABER, M. G. AND XIN, W. CHAPTER 1. AOCs PRESS CHAMPAIGN ILLINOIS. 67.OKAMOTO, G., HAYASE, F. AND KATO, H. (1992) SCAVENGING OF ACTIVE OXYGEN SPECIES BY GLYCATED PROTEINS. BIOSCI. BIOTECH. BIOCHEM. 56: 928-931. 68.OYAIZU, M. (1986) STUDIES ON PRODUCTS OF BROWNING REACTION: ANTIOXIDATIVE ACTIVITIES OF PRODUCTS OF BROWNING REACTION PREPARED FROM GLUCOSAMINE. JPN. J. NUTRI. 44: 307. 69.PERKER, M. W. AND BLAKE, C. F. (1988) IRON- AND MANGANESE-CONTAINING SUPEROXIDE DISMUTASES CAN BE DISTINGUISHED BY ANALYSIS OF THEIR PRIMARY STRUCTURES. FEBS LETT. 229: 377-382. 70.PERKINS, E. G. (1967) FORMATION OF NONVOLATILE DECOMPOSITION PRODUCTS IN HEATED FATS AND OIL. FOOD TECHNOL. 21: 125-134. 71.PHILOSOPH-HADAS, S., MEIR, S., AKIRI, B. AND KANNER, J. (1994) OXIDATIVE DEFENSE SYSTEMS IN LEAVES OF THREE EDIBLE HERB SPECIES IN RELATION TO THEIR SENESCENCE RATES. J. AGRIC. FOOD CHEM. 42: 2376-2381. 72.PITOTTI, A., ELIZALDE, B. E. AND ANESE, M. (1995) EFFECT OF CARAMELIZATION AND MAILLARD REACTION PRODUCTS ON PEROXIDASE ACTIVITY. J. FOOD BIOCHEM. 18(6): 445-457. 73.PORTER, A. F. (1984) THE USE OF CITRIC ACID IN THE SEAFOOD INDUSTRY. BIOTECH. PRO. DIV., MILES LABS., INC., ELKHART, IND. 74.PROCHASKA, H. J., SANTAMARIA, A. B. AND TALALAY, P. (1992) RAPID DETECTION OF INDUCERS OF ENZYMES THAT PROTECT AGAINST CARCINOGENS. PROC. NATL. ACAD. SCI. 89: 2394-2398. 75.ROBAK, J. AND GRYGLEWSKI, I. R. (1988) FLAVONOIDS ARE SCAVENGERS OF SUPEROXIDE ANIONS. BIOCHEM. PHARMA. 37: 837-841. 76.ROSENAL, I. (1985) PHOTOOXIDATION OF FOODS. IN "SINGLET OXYGEN." EDITED BY FRIMER, A. A. VOL. 4, PP.145. CRC PRESS, BOCA RATON, FLA. 77.ROUSEFF, R. AND NAGY, S. (1994) HEALTH AND NUTRITIONAL

BENEFITS OF CITRUS FRUIT COMPONENTS. FOOD TECHNOL. 48(11): 125-139. 78.SATO, M., RAMARATHNAM, N., SUZUKI, Y., OHKUBO, T., TAKEUCHI, M. AND OCHI, H. (1996) VARIETAL DIFFERENCES IN THE PHENOLIC CONTENT AND SUPEROXIDE RADICAL SCAVENGING POTENTIAL OF WINES FROM DIFFERENT SOURCE. J. AGRIC. FOOD CHEM. 44: 37-41. 79.SHIMADA, K., FUJIKAWA, K., YAHARA, K. AND NAKAMURA, T. (1992) ANTIOXIDATIVE PROPERTIES OF XANTHANE ON THE AUTOXIDATION OF SOYBEAN OIL IN CYCLODEXTRIN EMULSION. J. AGRIC. FOOD CHEM. 40: 945. 80.SIES, H. AND KRINSKY, N. I. (1995) THE PRESENT STATUS OF ANTIOXIDANT VITAMINS AND β -CAROTENE. AM. J. CLIN. NUTR. 62: 1299-1300. 81.SINGLETON, V. L., ROSSI, J. A. J. R. (1965) COLORIMETRY OF TOTAL PHENOLICS WITH PHOSPHOMOLYBDIC-PHOSPHOTUNGSTIC ACID REAGENTS. AM. J. ENOL. VITIC. 16: 144-153. 82.SIX, P. (1994) CURRENT RESEARCH IN NATURAL FOOD ANTIOXIDANTS. INFORM. 5(6): 679. 83.TAINER, J. A., GETZOFF, E. D., RICHARDSON, J. S. AND RICHARDSON, D.C. (1983) STRUCTURE AND MECHANISM OF COPPER, ZINC SUPEROXIDE DISMUTASE. NATURE. 306: 284-286. 84.TAKAHAMA, U. (1985) INHIBITION OF LIPOXYGENASE DEPENDENT LIPID PEROXIDATION BY QUERCETIN: MECHANISM OF ANTIOXIDATIVE FUNCTION. PHYTOCHEMISTRY. 24: 1443-1446. 85.THAMAS, J. (1995) THE ROLE OF FREE RADICALS AND ANTIOXIDANTS: HOW DO WE KNOW THAT ARE WORKING. CRIT. REV. FOOD SCI. NUTR. 35(1 & 2): 21-39. 86.WANG, H., CAO, G. AND PRIOR, R. (1997) OXYGEN RADICAL ABSORBING CAPACITY OF ANTHOCYANINS. J. AGRIC. FOOD CHEM. 45: 304-309. 87.WANG, H., CAO, G. AND PRIOR, R. L. (1996) TOTAL ANTIOXIDANT CAPACITY OF FRUITS. J. AGRIC. FOOD CHEM. 44: 701-705. 88.WILLIAMSON, G. (1996) PROTECTIVE EFFECTS OF FRUITS AND VEGETABLES IN THE DIET. NUTR. FOOD SCI. 1: 6-10. 89.WILLIAMS, W. B., CUVELIER, M. E. AND BERSET, C. (1995) USE OF A FREE RADICAL METHOD TO EVALUATE ANTIOXIDANT ACTIVITY. LEBENS-MISS. TECHNOL. 28(1): 25-30. 90.YANG, J. H., MAU, J. L., KO, P. T. AND HUANG, L. C. (2000) ANTIOXIDANT PROPERTIES OF FERMENTED SOYBEAN BROTH. FOOD CHEM. 71: 249-254. 91.ZHANG, Y. H., TALALAY, P., CHO, C. AND POSNER, G. H. (1995) A MAJOR INDUCER OF ANTICARCINOGENIC PROTECTIVE ENZYMES FROM BROCCOLI: ISOLATION AND ELUCIDATION OF STRUCTURE. PROC. NATL. ACAD. SCI., 89: 2399-2403. 92.ZHANG, Y. H., TAYLOR, P. R., KRAMER, T. R. AND LI, J. Y. (1995) POSSIBLE IMMUNOLOGIC INVOLVEMENT OF ANTIOXIDANTS IN CANCER PREVENTION. AM. J. CLIN. NUTR. 62: 1477-1482.