

The Relations among Sport Participation, Social Skill and Peer Relationship in Adolescence

黃偉勝、謝智玲

E-mail: 387202@mail.dyu.edu.tw

ABSTRACT

The purpose of this study was to research on the relations among youth sports participation, social skills, and peer relationships. The study used questionnaires to collect data from 600 junior high students in the central Taiwan (286 boys and 314 girls). Research tools were Sports Participation Scale, Social Skills Scale, and Peer relationships Scale. The data were analyzed by descriptive statistics, Pearson's correlation, and multiple regression analysis. The results were summarized as follows: A. Sport participation, social skill, and peer relationship in adolescence were associated. B. Sport participation and social skill could be used to predict peer relationship.

Keywords : sports participation, social skills, peer relationships

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