

# 急性腦中風病人之深層靜脈血栓研究

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## 摘要

深層靜脈血栓(Deep Vein Thrombosis,DVT)指血栓形成於腿部靜脈處，無常規預防會併發高死亡率肺栓塞(Pulmonary embolism,PE)，為急性腦中風病人常見的併發症。臨床上利用抽血檢驗D-dimer與下肢超音波檢查來做診斷。在亞洲地區無足夠的研究與正規的預防做法，本研究將以彰化基督教醫院病歷回顧的方式，探討缺血型和出血型的急性腦中風病人深層靜脈血栓的發生率。研究結果136位急性腦中風病人，深層靜脈血栓19例(14.0%)，單變項分析在有和無深層靜脈血栓兩組病人中，D-dimer (P = 0.025)、年齡>80歲(P = 0.041)、抗凝血藥物(P = 0.041)，有顯著統計學上的差異。經二元迴歸分析發現，深層靜脈血栓獨立預測因子為：年齡>80歲(odds ratio=4.23,P = 0.017)與D-dimer(odds ratio=1.03 每100 ng/mL,P = 0.041)。結果顯示，在高危險的急性腦中風病人中，有相當比率罹患深層靜脈血栓，而年齡>80歲與D-dimer可視為診斷深層靜脈血栓的獨立預測因子。

關鍵詞：中風、深層靜脈血栓、D-dimer

## 目錄

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