朗讀流暢度的提升:探討三種英語讀者之訓練方法

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摘要

本研究採用前測-處理-後測之類實驗設計以探討三種重複朗讀訓練方式:即電腦化示範、同儕指導與教師指導之效益,並比 較此三種訓練方式對於改善英語學習者朗讀流暢度、朗讀正確率及單字發音正確度之效益,同時瞭解學生對於不同訓練方 式之意見。參與者為十位台灣中部某大學英語系二年級的學生。研究工具包括十三段新多益閱讀理解測驗之文章及一份問 卷。實驗分兩個學期,每學期實施十四週。第一週遷移測驗前測在三種訓練方式開始前實施,接著參與者須在每種訓練方 式過程中朗讀四段文章,每段文章中,參與者皆須接受前測、重複朗讀訓練以及後測,固此訓練時間總共十二週。遷移測 驗後測及問卷填答在第十四週所有訓練方式完成後實施。本研究採用的資料分析法為:威爾克森符號等級考驗、弗理曼考 驗、單因子變異數分析與雙因子變異數分析之單純主要效果考驗。研究結果顯示重複朗讀訓練顯著提升學生的朗讀流暢度 且教師指導為三種訓練中改善朗讀正確率及長音節單字發音正確度最有效之方式。此外,大部分的學生在十二週的重複朗 讀訓練後,朗讀正確度達到百分之九十以上,就單字的音節長度而言,長音節的單字需要更多的練習以及教師在正確單字 發音上的指導,最後,問卷結果顯示所有學生一致認同教師提供的訂正回饋是增進他們朗讀流暢度的關鍵因素。

關鍵詞:朗讀流暢度、重複朗讀、每分鐘唸對單字數、朗讀正確率、單字發音正確度

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