

青少年的父母管教、依附與憂鬱之研究

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摘要

本研究旨在探討青少年的父母管教、依附與憂鬱的關係。本研究首先探討青少年的父母管教、依附與憂鬱之間的相關情形；其次探討青少年的父母管教、依附對憂鬱作預測分析。本研究以彰化縣市之國中生一至三年級為取樣範圍，採立意取樣的方式，共抽四百零六位國中生為受試樣本，再以「個人基本資料表」、「父母管教量表」、「依附量表」、「憂鬱量表第二版」做問卷施測後，以SPSS 18.0系統軟體，進行描述性統計分析、皮爾遜積差相關分析、和逐步多元迴歸分析。本研究之結果如下：一、青少年的父母管教、依附與憂鬱之間有顯著相關。二、青少年的父母管教、依附對憂鬱有預測力。

關鍵詞：父母管教、依附、憂鬱

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