

應用溫度/時間控制系統在及添加菌

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摘要

酸肉為泰國地方性之生食發酵肉製品，呈現凝膠狀粉紅色酸肉，其作法是生豬肉配上糯米飯與調味料，以增加酸肉的特殊風味與口感。在本實驗研究中，為增加酸肉之安全性以及食物中毒菌的滋生，添加*Lactobacillus plantarum*作為菌進行發酵使pH值短時間內降至5.3以下後進行冷藏。酸肉的製備將採取四種配方分別以三種不同的發酵溫度及不同的發酵時間製成產品並有助於提升產品安全性。比較不同發酵溫度及發酵時間的變化，進而檢測一般成分、機能性成分。結果顯示不同發酵溫度之酸肉的滴定酸度以35 > 30 > 25，隨發酵溫度升高其滴定酸度最高約為0.7% ($p < 0.05$)，且發現隨pH值下降乳酸含量也跟著上升；揮發性鹽基態氮 (VBN) 含量變化在無添加乳酸菌組VBN含量隨溫度升高；有添加乳酸菌組的VBN含量增加緩慢；乳酸菌數以添加*Lactobacillus plantarum*最高，隨著發酵的進行乳酸菌大量增殖成為優勢菌，且由於乳酸菌數增加，造成pH值下降；勝?含量以35 > 30 > 25，隨著溫度升高發酵時間愈長，勝?含量也愈高，最高可達到26 (mg/mL) ($p < 0.05$)；分析蛋白質分解情況所測得之總游離胺基酸以35 含量為最高，有機酸的含量隨著溫度、發酵時間之增加而提高。在此，將藉由乳酸菌的添加以提升酸肉在製程上的附加價值與微生物性質之評估。

關鍵詞：酸肉，溫度/時間控制系統

目錄

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