北蟲草萃取物抗過敏活性研究

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摘 要

北蟲草 (Cordyceps militaris) 為珍貴的藥用真菌之一，與冬蟲夏草同為蟲草屬，經許多研究發現北蟲草與冬蟲夏草具有類似的醫用價值，可抗腫瘤、抗真菌、消炎及增加免疫力。因北蟲草價格較為便宜，使得市場上的佔有率已漸漸取代傳統的冬蟲夏草。而在許多的生理活性之中，對於北蟲草抗過敏的研究資料甚少，因此本研究目的為探討北蟲草萃取物的抗過敏生理活性。實驗主要分為兩個部分進行，結果如下。第一部分是以不同極性溶媒萃取北蟲草，進行探討抗過敏活性能力。藉由實驗室已建立抗過敏活性分析系統，以Compound 48/80 引發在肥大細胞 RBL-2H3 去顆粒作用，探討抑制組織胺能力，追尋抗過敏的活性成分。 實驗結果顯示，各萃取物於低濃度下對於對肥大細胞無抑制作用。在抗過敏作用，各樣品萃取物隨著濃度增加，抗組織胺能力呈現正比相關性，其中分別以甲醇及乙醇萃取物相對效果為最好，當濃度在 100 ppm 時分別可達抑制組織胺能力92.55±7.7%、68.34±8.5%，抗過敏活性成分需要再進一步分離並進行結構鑑定方可確認，初步推測為為醇溶性的蟲草素使其有所效果。第二部分以直交試驗法並搭配超音波輔助萃取北蟲草中的蟲草素含量，探討蟲草素最適化萃取條件，結果顯示，相較於其他萃取方法，超音波輔助萃取技術可有效萃取蟲草素的含量達7.04 mg/g 其萃取率約86.98%，相較於同樣為60 min 傳統有機溶劑的萃取方式可顯著性提高蟲草素萃取能力，其萃取率約相對提升20%。

關鍵詞 : 北蟲草、蟲草素、抗氧化、抗過敏、超音波萃取

目錄

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