

The relations among parenting style, self-efficacy and life satisfaction in adolescence

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ABSTRACT

The first purpose of the study was to explore the relations among parenting style, self-efficacy, and life satisfaction in adolescence. The second purpose of the study was to examine self-efficacy variables which were stronger predictor of life satisfaction variables than were parenting style variables and mediated the relations between parenting style indicator and life satisfaction in adolescence. There were four hundred and eighty-three students from ten junior high schools and ten elementary schools. Materials were used including (a) Parental Authority Questionnaire-PAQ, (b) Children's Self-Efficacy Scale-CSES (Bandura, 2006), (c) Multidimensional Student's Life Satisfaction Scale-MSLSS (Huebner, 2003). The reliability and validity for the instruments of PAQ, CSES and MSLSS was checked and was satisfactory. The research results were summarized as follows: 1. Parenting style, self-efficacy and life satisfaction were associated. 2. Parenting style predicted self-efficacy. 3. Parenting style predicted life satisfaction. 4. Self-efficacy predicted life satisfaction. 5. Self-efficacy as a mediator between parenting style and life satisfaction.

Keywords : parenting style、self-efficacy、life satisfaction

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