The influence of vocational high school students' attachment styles and social support on their copi

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ABSTRACT

The purposes of this study were to investigate the present situation of attachment styles, social support and breakup coping of vocational high school students, and to ex-plore the differences of attachment styles, social support and breakup coping with dif-ferent background. The differences or correlation among attachment styles, social sup-port and breakup coping were also discussed. Finally, the predictability of breakup cop-ing based on attachment styles and social support was further analyzed. The study was conducted through the questionnaire-survey method. Subjects were 410 vocational high school students. The tool of this research included Attachment Style Scale, Social Support Scale, and Breakup Coping Scale. The collected data was analyzed by Descriptive Statistics, Independent t-Test, one way ANOVA, Pearson's Cor-relation, and Multiple Regression via the SPSS 12.0. The major findings of this study were as follows: 1. The attachment styles showed no significant difference on gender. However, fe-males have more peer support than males. Males tend to have more problem solving and avoidance-catharsis coping skills than females. 2. The attachment styles and social support had no significant differences on grades, while a significant difference on breakup coping. 3. There wasn't a significant correlation between breakup coping and the length of romantic relationship. 4. The social support was significant difference on attachment styles. 5. The breakup coping was significant difference on attachment styles. 6. There was a significant positive correlation between social support and breakup coping on problem solving, and positive thinking. A remarkable negative corre-lation was found between social support and breakup coping on avoid-ance-catharsis, and revenge and hurt. 7. The attachment styles and social support showed apparent predictability to breakup coping. Based on the results of the research, suggestions were provided respectively to parents, teachers and counselors for vocational high school student education.

Keywords : Vocational High School Students Attachment Styles Social Support Breakup Coping

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