

The influence of vocational high school students' attachment styles and social support on their coping

黃心怡、郎亞琴

E-mail: 325844@mail.dyu.edu.tw

ABSTRACT

The purposes of this study were to investigate the present situation of attachment styles, social support and breakup coping of vocational high school students, and to explore the differences of attachment styles, social support and breakup coping with different background. The differences or correlation among attachment styles, social support and breakup coping were also discussed. Finally, the predictability of breakup coping based on attachment styles and social support was further analyzed. The study was conducted through the questionnaire-survey method. Subjects were 410 vocational high school students. The tool of this research included Attachment Style Scale, Social Support Scale, and Breakup Coping Scale. The collected data was analyzed by Descriptive Statistics, Independent t-Test, one way ANOVA, Pearson's Correlation, and Multiple Regression via the SPSS 12.0. The major findings of this study were as follows: 1. The attachment styles showed no significant difference on gender. However, females have more peer support than males. Males tend to have more problem solving and avoidance-catharsis coping skills than females. 2. The attachment styles and social support had no significant differences on grades, while a significant difference on breakup coping. 3. There wasn't a significant correlation between breakup coping and the length of romantic relationship. 4. The social support was significant difference on attachment styles. 5. The breakup coping was significant difference on attachment styles. 6. There was a significant positive correlation between social support and breakup coping on problem solving, and positive thinking. A remarkable negative correlation was found between social support and breakup coping on avoidance-catharsis, and revenge and hurt. 7. The attachment styles and social support showed apparent predictability to breakup coping. Based on the results of the research, suggestions were provided respectively to parents, teachers and counselors for vocational high school student education.

Keywords : Vocational High School Students、 Attachment Styles、 Social Support Breakup Coping

Table of Contents

中文摘要	iii	英文摘要	iii
v 誌謝辭		vii 內容目錄	
viii 表目錄		x 圖目錄	
xii 第一章 緒論	1	第一節 研究動機與目的	1
1 第二節 研究問題與假設	7	第三節 重要名詞釋義	7
8 第四節 研究範圍與限制	10	第二章 文獻探討	11
11 第一節 依附風格之相關理論與研究	11	第二節 社會支持之相關理論與研究	21
21 第三節 分手因應之相關理論與研究	32	第三章 研究方法	50
50 第一節 研究架構	51	第一節 研究對象	51
52 第三節 研究工具	53	第二節 資料處理與統計方法	66
66 第五節 實施程序	67	第四章 結果與討論	69
69 第一節 高職生依附風格、社會支持與分手因應之情形	69	第一節 高職生依附風格、社會支持與分手因應之差異分析	76
76 第二節 不同背景變項高職生在依附風格、社會支持與分手因應之差異分析	84	第二節 高職生依附風格、社會支持與分手因應之差異分析	91
91 第三節 高職生依附風格與社會支持對分手因應之預測分析	101	第五章 結論與建議	101
101 第一節 結論	101	第一節 建議	105
105 參考文獻	115	第二節 建議	115
139 附錄A 預試問卷	143	附錄A 預試問卷	143
143 附錄B 正式問卷		附錄B 正式問卷	

REFERENCES

一、中文部分 Richard M. Lerner. (2006), 青少年心理學 (黃德祥等譯), 台北:心理出版社, (原文於2002出版)。 Sarafino, P. E. (1997), 健康心理學(蕭仁釧、林耀盛、鄭逸如譯), 台北:桂冠, (原文於1997出版)。 Taylor, Peplau, & Sears. (2003), 社會心理學(張滿玲譯), 台北:

雙葉書廊, (原文於1997出版)。尤誌章(2006), 青少年人格特質、社交技巧、社會支持與焦慮之研究, 大葉大學教育專業發展研究所未出版之碩士論文。方紫薇(2010), 網路沉迷、因應、孤寂感與網路社會支持之關係:男女大學生之比較, 教育心理學報, 41(4), 773-798。王枝燦(2001), 同儕影響與青少年偏差行為之研究, 東吳大學社會學系未出版之碩士論文。王郁茗, 王慶福(2007), 大學生知覺其人際依附風格對愛情關係適應之影響, 教育心理學報, 38, 397-415。王慶福(1995), 大學生愛情關係徑路模式之分析研究, 國立彰化師範大學輔導研究所未出版之博士論文。王慶福, 王郁茗(2007), 分手的認知及調適之評量研究, 中華心理衛生學刊, 20, 205-233頁。王慶福, 林幸台, 張德榮(1997), 人際依附風格、性別角色取向與人際親密、能力之評量, 中國測驗學會測驗年刊, 44(2), 63-78。王慶福、王郁茗、蘇完女(2002), 大學生對分手的調適與復原歷程初探, 中國輔導學會2002年年會暨諮商心理與輔導專業學術研討會。史家瑄(2008), 國中生的自我調節、壓力因應策略與學校生活適應之關係研究, 國立臺北教育大學心理與諮商學系未出版之碩士班碩士。台北市政府衛生局(2008), 權威管教態度, 子女有戀愛經驗比例高[線上資料], 來源:
http://www.uho.com.tw/hotnews.asp?aid=4786&HN_Yr=2008&HN_Mon=8 [2008, August 11]。朱芷君(2007), 分手, 倒過來看就對了, 康健雜誌[線上資料], 來源: <http://www.commonhealth.com.tw/article/index.jsp?id=3972> [2007, February]。江承曉(1996), 青少年壓力因應之探討, 諮商與輔導, 131, 31-34。江彥陵(2006), 大學生親密關係中依附類型、衝突因應與關係適應之相關研究, 國立政治大學教育研究所未出版之碩士論文。行政院主計處(2003), 青少年狀況調查[線上資料], 來源:
<http://www.dgbas.gov.tw/census~n/four/youth.doc> [2003, January]。吳明隆、涂金堂(2008), SPSS與統計應用分析(二版八刷), 台北:五南。李玉珊(2006), 大學生的分手方式、個人特質與分手衝擊之相關研究, 國立高雄師範大學輔導與諮商研究所未出版之碩士論文。李佳諭(2007), 南台灣高中職生自殺危險行為盛行率及相關因素之探討, 國立成功大學護理學系博士論文。李欣瑩(2001), 桃園市國中生主觀生活壓力、社會支持、因應行為與身心健康之關係研究, 國立台灣師範大學心輔研究所未出版之碩士論文。李金治(2003), 國立臺灣師範大學四年級學生生活壓力、因應方式、社會支持與其身心健康之相關研究, 國立臺灣師範大學衛生教育研究所未出版之碩士論文。李素菁(2002), 青少年家庭支持與幸福感之相關研究--以台中市立國中生為例, 私立靜宜大學青少年兒童福利研究所未出版之碩士論文。周碧琪(2009), 準大學僑生之生活壓力、因應行為與憂鬱症狀之相關性研究, 台灣大學醫學院護理學研究所未出版之碩士論文。屈寧英(2004), 高中生生活壓力、社會支持、行為模式與幸福感相關性之研究 - 以台北市立某女子高級中學為例, 國立臺灣師範大學衛生教育研究所未出版之碩士論文。林佳玲(1999), 夫妻依附風格、衝突因應策略與婚姻滿意度之相關研究, 國立台灣師範大學教育心理與輔導研究所未出版之碩士論文。林翠玟(2005), 中山大學理工學院研究生生活壓力及其因應策略之研究, 國立中山大學教育研究所未出版之碩士論文。邱文彬(2001), 社會支持因應效果的回顧與展望, 國家科學委員會研究彙刊:人文及社會科學, 11(4), 311-330。侯文詠(2010), 不乖, 台北:皇冠文化。施雅薇(2004), 國中生生活壓力、負向情緒調適、社會支持與憂鬱情緒之關聯, 國立成功大學教育研究所未出版之碩士論文。柯俊銘(2005), 社會支持人生的避震器, 聯合報[線上資料], 來源: <http://www.wretch.cc/blog/fsj/1938836> [2005, July 24] 柯淑敏(2001), 兩性關係學, 台北市:揚智出版社。唐全騰(2008), 國中生生活壓力、壓力因應及憂鬱情緒之相關研究—以新竹縣為例, 國立新竹教育大學教育心理與諮商學系未出版之碩士論文。徐月娥(2007), 情愛學分, 麻辣開講 「愛情達人」徐月娥看高中生的戀愛, 張老師月刊, 357。徐西森(2003), 兩性關係與教育, 台北:心理出版社。徐珮瑜(2004), 影響大學生親密關係分手調適因素之研究 - 以北地區為例, 國立台灣師範大學人類發展與家庭學系未出版之碩士論文。高立人(2004), 探討憂鬱青少年的社會支持系統: 父親、母親、好朋友、男朋友以及師長的正向支持之保護效果, 東吳大學心理學系未出版之碩士論文。張春興(2006), 張氏心理學辭典, 台北:東華。張秋香(2009), 青少年家庭環境、社會支持與復原力之相關研究, 大葉大學教育專業發展研究所在職專班未出版之碩士論文。張雅惠(2006), 國小高年級學童家庭氣氛、自我概念與壓力因應方式之研究, 國立嘉義大學家庭教育研究所未出版之碩士論文。現代婦女基金會(2008), 愛你愛到殺死你! 戀愛暴力與情殺新聞事件調查公布記者會[線上資料], 來源:
http://www.38.org.tw/Page_Show.asp?Page_ID=611 [2008, July 10]。許文耀(2000), 九二一地震災區學生的因應形態與心理症狀的關係, 中華心理衛生學刊, 13, 35-59。許巧燕(2009), 不只是朋友-成人前期單戀者追愛歷程之研究, 國立成功大學教育研究所未出版之碩士論文。許雅凱(2004), 高職生愛情分手失落反應與因應策略之研究, 彰化師範大學輔導與諮商研究所未出版之碩士論文。郭珮怡(2008), 高科技產業員工社會支持與幸福感關係之研究, 國立屏東教育大學社會發展學系未出版之碩士論文。郭燕黛(2008), 被動分手者愛情分手經驗之失落反應與調適歷程研究, 國立台南大學諮商與輔導學系未出版之碩士論文。陳月靜(2001), 大學生愛情關係分手的研究, 通識教育年刊, 3, 29-42。陳怡君(2005), 臺灣地區12歲以上居民健康狀態與健康行為之相關性分析, 嘉南學報, 31, 311-322。陳勤惠(2000), 焦慮矛盾依附型的女大學生之情傷經驗研究, 國立屏東師範學院教育心理與輔導研究所未出版之碩士論文。傅瓊儀(2002), 以結構方程模式探討握信信念及社會支持在國中生壓力知覺的作用, 教育心理學報, 34, 61-82。曾家炎(2009), 與青少年談兩性交往[線上資料], 來源: <http://tw.myblog.yahoo.com/parenting-yan/article?mid=51&prev=2&l=f&fid=5> [2009, January 15]。曾華源(2002), 台灣少年的社會生活經驗與身心發展, 當代台灣地區青少年兒童福利展望, 台北:楊智。曾瑋琍(2008), 大學生共依附特質與戀愛分手因應策略之相關研究, 淡江大學教育心理與諮商所未出版之碩士論文。馮喬琳(2006), 大學生依附風格、人際衝突類型與因應策略之相關研究, 中國文化大學心理輔導研究所未出版之碩士論文。黃心怡(2007), 如何面對少年維特的煩惱? 天下雜誌[線上資料], 384, <http://www.cw.com.tw/article/index.jsp?id=3562>。黃俊勳(2000), 國中學生與犯罪少年社會支持與刺激忍耐力之相關研究, 國立彰化師範大學教育研究所未出版之碩士論文。黃俐婷(2003), 探討青少年接受到的社會支持, 社區發展季刊, 103, 144-156。黃珮珊(2007), 酒癮患者的依附形態、社會支持及活動參與之探究, 台灣大學職能治療研究所未出版之碩士論文。黃碧慧(2002), 大學生依附風格、愛情關係中之壓力事件困擾與因應策略之關係研究, 國立臺灣師範大學未出版之碩士論文。黃維仁(2005), 探索愛的變貌-人間最深的愛與恨其來有自[線上資料], 來源: <http://dcfc.org/chinese/welcome/200510-2.htm> [2007, April 5]。楊清源(2007), 臺北縣市國民小學學務主任工作壓力及因應策略之研究, 臺灣師範大學工業教育學系未出版之碩士論文。葉在庭(2001), 青少年情緒調適、焦慮、社會支持及生活事件與自殺意念的關係, 中華輔導學報, 10, 151-178。董智慧(2008), 相聚時難別亦難 - 分手情傷v.s.破鏡重圓[線上資料], 來源:

http://www1.hk.edu.tw/~sfch/teacher_data/962/970421.ppt [2008, April 21]。熊英君(2007), 國中生之內控、社會支持、情緒智力與學業成就之相關研究-以板橋市國中為例, 銘傳大學教育研究所碩士在職專班未出版之碩士論文。趙慧敏(2005), 青少年分手後的個人因應、社會支持與身心健康之關聯性探討, 東吳大學心理學研究所未出版之碩士論文。劉宜芳(2004), 依附風格對於即時通訊使用行為之影響, 東吳大學企業管理所未出版之碩士論文。蔡秀玲(1997), 大學男女學生依附關係、個體化與適應之相關研究, 國立台灣師範大學教育心理與輔導研究所未出版之碩士論文。蔡淑鈴、吳麗娟(2003), 青少年的親子關係與共依附特質之相關研究, 教育心理學報, 35(1), 59-78。蔡嘉慧(1998), 國中生的社會支持、生活壓力與憂鬱傾向之相關研究, 國立高雄師範大學教育研究所未出版之碩士論文。衛生署(2002), 青少年政策白皮書綱領, 內政部青少年全球資訊網[線上資料], 來源:
http://ey.cbi.gov.tw/internet/text/doc/doc_detail.aspx?uid=387&docid=1561 [2008, July 28]。鄭照順(1999), 青少年生活壓力與輔導, 台北: 心理。鄭照順、戴嘉南(1997), 高壓力青少年所知覺之家庭、社會支持及其因應效能之研究, 學生輔導, 47, 128-142。澳洲研究(2009), 嘮叨對孩子有用 父母要堅持[線上資料], 來源: <http://www.au.epochtimes.com/b5/9/5/28/n2540816.htm> [2009, May 28]。賴佳伶(2003), 青少年親子依附關係及情緒因應方式、情緒因應能力之相關研究, 國立台中師範學院諮商與教育心理研究所未出版之碩士論文。賴妮蔚(2006), 有分手經驗之大不同性別大學生依附風格傾向與分手經驗之相關研究, 國立臺灣師範大學教育心理與輔導學系未出版之碩士論文。賴素城、李秀華(2004), 護理學校學生生活壓力、家庭及社會支持與疏離感關係之研究, 輔導季刊, 40 (2), 35-41。薛鈞芳(2007), 大學生自我分化、愛情態度與其愛情關係中衝突因應方式之關係研究, 國立暨南大學國際大學輔導與諮商研究所未出版之碩士論文。謝素瑜(2002), 謝謝你曾經愛過我—談青少年的失戀輔導, 輔導通訊, 70, 39-42。羅立人(1999), 大學生的依附風格與寂寞感之相關研究, 彰化師範大學輔導與諮商研究所未出版之碩士論文。羅沁芳(2003), 台北市某國中學生同儕支持與健康促進生活型態之相關研究, 國立臺灣師範大學衛生教育學系在職進修未出版之碩士論文。蘇巧因(2008), 劈腿者人格特質、愛情風格與衝突因應策略之比較研究, 私立文化大學心理輔導學系未出版之碩士論文。蘇逸珊(2002), 大學生依附風格、情緒智力與人際關係之相關研究, 屏東師範學院教育心理與輔導研究所未出版之碩士論文。二、英文部分 Ainsworth, M. D. S. (1989). Attachment beyond infancy. *American psychologist*, 44, 709-716. Ainsworth, M. D. S., Blehar, M., Waters, E., & Wall, S. (1978). Patterns of attachment. Hillsdale, NJ: Erlbaum. Bartholomew, K., & Horowitz, L. M. (1991). Attachment styles among young adults: A test of a four - category model. *Journal of Personality and Social Psychology*, 61(2), 226-244. Berndt, T.J., & Perry, T.B. (1986). Children's perceptions of friendships as supportive relationships. *Developmental Psychology*, 22, 640-648. Bowlby, J. (1969). Attachment and loss. Vol. 1. Attachment. New York: Basic Books. Bowlby, J. (1977). The making and breaking of affectional bonds: 1. Etiology and psychopathology in light of attachment theory. *British Journal of Psychology*, 130, 201-210. Bowlby, J. (1988). Developmental psychiatry comes of age. *The American Journal of Psychiatry*, 145, 1-10. Brennan, K. A., Clark, C. L., & Shaver, P. R. (1998). Self-report measurement of adult romantic attachment: An integrative overview, In J. A. Simpson & W. S. Rholes (Eds.). Attachment theory and close relationships (pp. 46-76). New York: Guilford Press. Bretherton, I. (1991). The roots and growing points of attachment theory. In C. M. Parkes, J. Stevenson-Hinde & P. Marris (Eds.), Attachment across the life cycle (pp. 9-32). London: Routledge. Brown, G. W. (1974). Meaning, measurement and stress of life events. In B. S. Dohrenwend (Ed.), Stressful life events: their nature and effects. New York: John Wiley & Sons. Caplan, G. (1974). Support system and community mental health: Lecture on concept development. New York: Basic Books. Over time *American Journal of Orthopsychiatry*, 47(4), 568-576. Carver, C. S., & Scheier. (1989). Assessing coping strategies: A theoretically based approach. *Journal of Personality and Social Psychology*, 56(2), 267-283. Choo, P., Levine, T., Hatfield, E. (1996). Gender, love schemas, and reactions to romantic break-ups. *Journal of Social Behavior & Personality*, 11(5), 143-160. Chou Kee-Lee. (2000). Assessing Chinese adolescents social support: the multidimensional scale of perceived social support. *Personality and Individual Differences*, 28, 299-307. Chung, M. C., Farmer, S., Grant, K., Newton, R., Payne, S., Perry, M., Saunders, J., Smith, C., & Stone, N. (2002). Self-esteem, personality and post traumatic stress symptoms following the dissolution of a dating relationship. *Stress and Health*, 18, 83-90. Cobb(1976). Social support as a modeator of life stress. *Sychosomatic Medicine*, 38, 300-314. Cohen, S. (1988). Psychosocial model of her role of social support in etiology of physical disease. *Health Psychology*, 7(3), 269-297. Cohen, S., & Wills, T. A. (1985). Stress, social support, and the buffering hypothesis. *Psychological Bulletin*, 98(2), 310-357. Colarossi, L. G., & Eccles, J. S. (2003). Differential effects of support providers on adolescents' mental health. *Social Work Research*, 27(1), 19-30. Colarossi, L. G., & Eccles, J. S. (2003). Differential effects of support providers on adolescents' mental health. *Social Work Research*, 27(1), 19-30. Collins, N. L. & Read, S. J. (1990). Adult attachment, working models, and relationship quality in dating couples. *Journal of Personality and Social Psychology*, 58, 644-663. Collins, W.A., Welsh, D.P., & Furman, W. (2009). Adolescent romantic relationships. *Annual Review of Psychology*, 60, 631-652. Colvin, M., Cullen F. T., & Thomas V. V. (2002). Coercion, social support, and crime: An emerging theoretical consensus. *Criminology*, 40, 19-42. Compas, B.E., Malcarne, V. L., & Fondacaro, K. M. (1988). Coping with stress events in older children and young adolescents. *Journal of Consulting and Clinical Psychology*, 56(3), 405-411. Cornwell, B. (2003). The Dynamic Properties of Social Support: Decay, Growth, and Staticity, and Their Effects on Adolescent Depression. *Social Forces*, 81(3), 953-978. Creasey, G. & Hession-McInnis, M. (2001). Affective responses, cognitive appraisals, and conflict tactics in late adolescent romantic relationships: Association with attachment orientations. *Journal of Counseling Psychology*, 48, 85-96. Dahlstrom, C. J. (1995). Response to the loss of a romantic relationship: Differences by time since the loss, gender, and attachment style. Doctoral dissertation, The University of North Dakota, 1994. Dissertation Abstracts International, 56(1), 504. Dutton, L. B., & Winstead, B. A. (2006). Predicting unwanted pursuit: Attachment, relationship satisfaction, relationship alternatives, and break-up distress. *Journal of Social and Personal Relationships*, 23(4), 565-586. Feeney, J. A. (1999). Adult attachment, emotional control, and marital satisfaction. *Personal Relationships*, 6, 169-185. Feeney, J. A., & Noller, P. (1992). Attachment styles and romantic love: relationship dissolution. *Australian Journal of Psychology*, 44, 69-74. Feeney, J. A., Noller, P. & Roberts, N. (2000). Attachment

and Close Relationships. In Clyde Hendrick & Susan S. Hendrick (Eds.), *Close Relationships*, (pp.185-201). California:Sage.

Felsten, G. (1998). Gender and coping: Use of distinct strategies and association with stress and depression. *Anxiety, stress, and coping*, 11, 289-309.

Folkman, S., & Lazarus, R. S. (1988). Coping as a mediator of emotion. *Journal of personality and social psychology*, 54, 466-475.

Folkman, S., Schaefer, C., & Lazarus, R. S. (1980). Cognitive processes as mediators of stress and coping. In V. Hamilton & D. M. Warburton(Eds.), *Human stress and cognition* (pp.265-298). New York:John Wiley & Sons.

Frazier, P. A., & Cook, S.W. (1993). Correlates of distress following heterosexual relationship dissolution. *Journal of Social and Personal Relationships*, 10, 55-67.

Galbo, J. J. (1984). Adolescents ' perceptions of significant adults: a review of the literature. *Adolescence*, 19, 951-970.

Garnefski, N., Legerstee, J., Kraaij, V., van den Kommer, T., & Teerds, J. (2002). Cognitive coping strategies and symptoms of depression and anxiety: A comparison between adolescents and adults. *Journal of Adolescence*, 25(6), 603-611.

Grossman, K., & Grossman, K. (1991). Attachment quality as an organizer of emotional and behavioural responses in a longitudinal perspective. In C. M. Parkes, J. Stevenson-Hinde, & P. Marris (Eds.), *Attachment across the Life Cycle*. London: Routledge.

Grossman, K., & Grossman, K. (1991). Attachment quality as an organizer of emotional and behavioural responses in a longitudinal perspective. In C. M. Parkes, J. Stevenson-Hinde, & P. Marris (Eds.), *Attachment across the Life Cycle*. London: Routledge.

Hazan, C. & Shaver, P. (1987) Romantic Love conceptualized as an attachment process. *Journal of Personality and Social Psychology*, 52(3), 511-524.

Hewitt, P.L., & Flett, G.L. (1996).Personality traits and coping process. In N.S. Endler, & M.Zeidner (Eds.), *Handbook of coping: Theory ,research ,application* (pp.410-433). New York:John Wiley & Sons Inc.

House, J. S. (1981). *Work stress and social support*. Reading, MA: Addison-Wesley.

Hyo Soon You; Kathleen Malley-Morrison(2000),Young Adult Attachment Styles and Intimate Relationships With Close Friends: A Cross-Cultural Study of Koreans and Caucasian Americans. *Journal of Cross-Cultural Psychology*, 31 (4), 528-534.

Jacobson, D. E. (1986). Types and timing of social support. *Journal of Health and Social Behavior*, 27, 250-264.

Kagan, J. (1989). *Unstable ideas: Temperament, cognition and self*. Cambridge, MA: Harvard University Press.

Kahn, R. L., & Antonucci, T.(1980). Convoys over the Life Course: Attachment, Roles and Social Support. In P. B. Baltes and O. Brim eds., *Life-Span Development and Behavior*, 3 . Boston: Lexington Press.

Knox, D., Zusmn, M. E., kaluzny, M., & Cooper, C.(2000).College student recovery from a broken heart. *College Student Journal*, 34(3), 322-325.

Lampers, J. D. & Clark-Lampers, D. (1992). Young, middle, and late adolescents ' comparisons of the functional importance of five significant relationships. *Journal of Youth and Adolescence*, 21(1), 53-96.

Lazarus, R. S., & Launier, R. (1978). Stress related transactions between person and environment. In A. Pervin & M. Lewis(Eds.), *Perspectives in International Psychology* (pp.284-327). New York:Plenum.

Lazarus,R. S., & Folkman , S. (1984). *Sress ,appraisal ,and coping*. New York : Springer.

Levitt,M.J. (1995). *Stressful life event,social support,and achievement :A study of three grade level in a multicultural environment*.

Lictra-Kleckler,D.M. & Waas,G.A. (1993). Perceived social support among high-stress adolescents: The role of peers and family. *Journal of Adolescent Research*, 8 (4), 381-402.

Main, M. (1990), *Cross-cultural studies of attachment organization : recent studies , changing methodologies, and the concept of conditional strategies*. *Human Development*, 30, 48-61.

Main, M., Kaplan, N., & Cassidy, J. C. (1985). Security in infancy,childhood and adulthood: A move to the level of representation. In Bretherton. J. &Waters. E. (Eds.), *Growing points of attachment theory and research* (pp.66-104). *Monographs of the Society for Research in Child Development*, 50 (1-2, Serial No.209).

Malecki, C. K., & Demaray, M. K. (2002). Measuring perceived social support: Development of the Child and Adolescent Social Support Scale. *Psychology in the Schools*, 39, 1-18.

Mearns, J. (1991). Coping with a breakup:Negative mood regulation expectancies and depression following the end of a romantic relationship. *Journal of Personality and Social Psychology*, 60, 327-334.

Mikulincer, M. & Erev, I. (1991). Attachment style and the structure of romantic love. *British Journal of Social Psychology*, 30(4), 273-291.

Moller, N. P., Fouladi, R. T., McCarhty, C. J & Hatch,K. D. (2003). Relationship of attachment and social support to collage students adjustment following a relationship breakup. *Juornal of counseling & development*, 3, 354-370.

Monat, A., Lazarus, R. S. (2007). Introduction. In A. Monat , R. S.Lazarus , & G. Reevy(Eds.), *The praeger handbook on stress and coping* (Vol.1). Westport, Conn.: Praeger.

Moos, R. H. (1992). Conceptualizing and measuring coping resources and process. In L.Goldberger & S. Breznitz (Eds.), *Handbook of stress* (pp.212-230). New York: The Free Press.

Murray, C. (2002). Supportive teacher-student relationships: promoting the social and emotional health of early adolescents with high incidence disabilities. *Childhood Education*, 78, 255-260.

Pervin, L. A. (1984). *Current controversies and issues in personality*. Canada : John Wiley.

Rice, K. G., Herman, M. A., & Petersen, A. C. (1993). Coping with challenge in adolescence: A conceptual model and psycho-educational intervention. *Journal of Adolescence*, 16, 235-251.

Robak, R. W. & Weitzman, S.P. (1998). The Nature of Grief: Loss of Love Relationships in Young Adulthood. *Journal of Personal & Interpersonal Loss*, 3(2), 205-216.

Robak, R. W., & Weitzman, S. P. (1995). Grieving the loss of romantic relationships in young adults: An empirical study of disenfranchised grief. *Omega*, 30(4), 269-281.

Rudolph, K. D. (2002). Gender differences in emotional responses to interpersonal stress during adolescence. *Journal of Adolescent Health*, 30, 3-13.

Rusbult, C. E. & Buunk, B. P. (1993), *Commitment Processes in Close Relationships:An Interdependence Analysis*. *Journal of Social and Personal Relationships*, 10(2),175-204.

Sakiko, K., Hiroshi, T., Motoyoshi, S., Da-Hong, W., Jiro, T., Yuki, Y., Fumihiro, N., Shinji, K., Rani, S., & Keiki, O. (2008). Social support, self-efficacy and psychological stress responses among outpatients with diabetes in Yogyakarta, Indonesia. *Diabetes Research and Clinical Practice*, 80, 56-62.

Sarafino, E. P. (2005). *Health psychology: Biopsychosocial interactions* (5th Ed.). New York: Wiley.

Sarason, I. G., Levine, H. M., Basham, R. B., & Barbara, R. S. (1983). Assessing social support: The social support questionnaire. *Journal of Personality and Social Psychology*, 44(1), 127-139.

Sbarra D. A. & Emery R. E. (2005). The emotional sequelae of nonmarital relationship dissolution: Analysis of change and intraindividual variability over time. *Personal Relationships*, 12, 213-232.

Scroufe, L. A. & Waters, E. (1977). Attachment as an organizational perspective. *Child Development*, 48, 1184-1199.

Seldman, R. S. (1993). Coping with adult romantic relationship loss: An attachment theoretical perspective. Unpublished doctoral dissertation, University of

Florida. Shermis, M. D., Coleman, M. (1990). Stress and coping: A cognitive-behavioral model. Unpublished manuscript. Shi, L. (2003). The association between adult attachment styles and conflict resolution in romantic relationships. *The American Journal of Family Therapy*, 31(3),143.

Simpson, J. A. (1990). Influence of attachment styles on romantic relationship. *Personality & Social Psychology Bulletin*, 59(5), 971-980. Simpson, J.A., & Rholes, W.S. (2002). Fearful-avoidance, disorganization, and multiple working models: Some directions for future theory and research. *Attachment and Human Development*, 4, 223-229. Sorensen, S. (2007). Adolescent Romantic Relationships. ACT for Youth Center of Excellence[Online]. Available: www.actforyouth.net/documents/AdolescentRomanticRelationships_July07.pdf [2009, March 28]. Sprecher, S. (1994). Two sides to the breakup of dating relationships. *Personal Relationships*, 1, 199-222. Sprecher, S., Felmlee, D., Metts, B., & Vanni, D. (1998). Factor associated with distress following the breakup of a close relationship. *Journal of Social and Personal Relationships*, 15(6), 791-809.

Sternberg, R. J. , & Soriano, L. J. (1984). Style of conflict resolution. *Journal of Personality and Social Psychology*, 47, 115—126. Sun, R. C. F., Hui, E. K. P., & Watkins, D. (2005). Towards a model of suicidal ideation for Hong Kong Chinese adolescents. *Journal of Adolescence*, 29, 209-224. Swindle, R. W. (1983). Social networks, perceived social support and coping with stress. *Preventive psychology: Theory, research and practice in community intervention*(pp. 87-103). New York:Pergramon.

Tashiro, T., & Frazier, P. (2003). I ' ll never be in a relationship like again: Personal growth following romantic relationship breakups. *Personal Relationships*, 10, 113-128. Ullah, P., Banks, M., & Warr, P. (1985). Social support, social pressures and psychological distress during unemployment. *Psychological Medicine*, 15, 283-295. Vogel, D. L. & Wei, M. (2005). Adult attachment and help-seeking intent: The mediating roles of psychological distress and perceived social support. *Journal of Counseling Psychology*, 52(3), 347-357. Williams, S., Connolly, J. & Segal, Z. V. (2001). Intimacy in relationships and cognitive vulnerability to depression in adolescent girls. *Cognitive Therapy and Research*, 25(4), 477-496. Wills, T. (1985). Supportive functions of interpersonal relationships: In: S.Cohen & S. Syme (Eds.). *Social Support and Health* (pp. 61-82). New York, NY: Academic Press. Wu, C. I., Huang, Y. T., & Chang, M. Y. (2007). The impacts of family structure and family dysfunctions upon adolescent's depressive symptoms. Paper presented at Institute of Sociology.