

青少年氣質、同儕關係與問題行為之研究

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摘要

本研究旨在探討青少年的氣質、同儕關係與問題行為之研究，並分析青少年的氣質對問題行為之效果是否受到同儕關係之中介。本研究採用問卷調查法，以中部六縣市599位（男生305人，女生294人）國中一至三年級與國小高年級學生為研究對象。研究工具包括氣質量表、同儕關係量表及問題行為量表，以皮爾遜積差相關、多元迴歸及階層迴歸分析進行考驗。研究結果顯示：（一）青少年的氣質與其同儕關係有顯著相關；氣質與問題行為有顯著相關；青少年的同儕關係與其問題行為有顯著相關；（二）青少年的氣質可顯著預測其同儕關係；（三）青少年的氣質可顯著預測其問題行為；（四）青少年同儕關係可顯著預測問題行為（五）青少年的氣質與問題行為關係受到其同儕關係的中介。本研究根據研究結果進行討論，並提出未來研究上之建議。

關鍵詞：氣質、同儕關係、問題行為

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