

青少年親子關係、自尊與侵略行為之研究

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摘要

本研究旨在探討青少年親子關係、自尊與侵略行為之關係，並分析青少年自尊在親子關係與侵略行為之間是否有具有中介效果。本研究採用問卷調查法，以中部六縣市（台中縣、台中市、彰化縣、南投縣、苗栗縣、雲林縣）622位（男生332人，女生290人）國小五、六年級及國一至國三的學生為研究對象。研究工具包括親子關係量表、自尊量表及侵略行為量表，並以皮爾遜積差相關、簡單線性迴歸分析及階層迴歸分析進行考驗。研究結果顯示：(1)青少年親子關係與自尊呈現顯著相關；親子關係與侵略行為呈現顯著相關；自尊與侵略行為呈現顯著相關；(2)青少年親子關係能顯著預測自尊；(3)青少年親子關係能顯著預測侵略行為；(4)青少年自尊能顯著預測侵略行為；(5)青少年自尊為親子關係與侵略行為之中介。本研究根據研究結果進行討論與結論，並提出具體建議，以利父母、教育工作者與後續研究者參考。

關鍵詞：親子關係、自尊、侵略行為

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