

青少年的父母管教、自尊與愛情關係之研究

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摘要

本研究旨在探討青少年的父母管教、自尊與愛情關係，並分析青少年自尊在父母管教與愛情關係之間是否有具有中介效果。本研究採用調查研究法，以分層隨機抽樣方式，抽取中部六縣市（台中縣、台中市、彰化縣、南投縣、苗栗縣、雲林縣）共589位（男生304人，女生285人）國一至國三的學生為研究對象。研究工具包括父母管教量表、自尊量表、愛情關係量表，並以描述統計、皮爾遜積差相關、簡單線性迴歸分析及多元迴歸分析進行考驗。研究結果顯示：一、青少年的父母管教、自尊與愛情關係呈現顯著相關。二、青少年的父母管教可顯著預測愛情關係；青少年的父母管教可顯著預測自尊；青少年的自尊可顯著預測愛情關係。三、青少年的自尊在父母管教與愛情關係之間具有中介效果。本研究根據研究結果進行討論與結論，並提出具體建議，以利父母、教育工作者與後續研究者參考。關鍵詞：父母管教、自尊、愛情關係

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