

Perfectionism, Achievement Motivation and Psychological Well-Being of Junior High Students

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ABSTRACT

The purpose of this study was to investigate the differences among perfectionism, achievement motivation and psychological well-being of junior high students from different backgrounds. The correlations among perfectionism, achievement motivation and psychological well-being were also discussed. The predictability of psychological well-being based on different types of perfectionism and achievement motivation was further analyzed. The study was conducted through the questionnaire-survey method. There were 630 public junior high school students from the central Taiwan. The data were analyzed by Descriptive Statistics, Cluster Analysis, One-Way ANOVA, Chi-square Test, Independent t-Test, Pearson's Correlation, and Multiple Regression via the SPSS 12.0. Major findings of this study were as follows. 1. The perfectionism of junior high school students could be divided into four types: adaptive perfectionism, maladaptive perfectionism, nonperfectionism, and the Chinese-nonperfectionism. 2. There were significant differences on achievement motivation and psychological well-being among junior high school students from different backgrounds. 3. On perfectionism, there were significant differences on achievement motivation and psychological well-being among types of perfectionism. 4. There was a significantly positive correlation between achievement motivation and psychological well-being. 5. Both perfectionism and achievement motivation showed apparent predictability to psychological well-being. Based on the previous studies and the research results, suggestions were made for parents, teachers, educational administrators and future researchers respectively.

Keywords : perfectionism, achievement motivation, psychological well-being

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