ABSTRACT
The author believes that art creation is a performance of introspection. One can achieve self-healing process through creation, and also build appropriate self-values. The process of creation is a kind of mental translation subjectively, interacting between the individual and the social environment. Meanwhile, not only can one give vent to her emotion to clarify the contradiction and pain at heart from the process of creation, but also explore the meanings of her own life, by exploring self-mental mind constantly. This research objective is to achieve creative processing based on the growing experience and emotions from each different life stages. Hoping using the gains and lost from self emotional experience to share with friends in similar situation as their reference.

Keywords : Symbolization and Metaphor.