The effect of social skill project on peer relationship and bullying behavior

Lin Yuanxi, She Zhiling
E-mail: 354845@mail.dyu.edu.tw

Abstract
The purpose of this study is to design a social skill project suitable for fifth-grade elementary school students, and to explore its influence on peer relationships and bullying behavior among fifth-grade students, serving as a reference for teachers implementing anti-bullying courses in elementary schools. This study employs a quasi-experimental research method, with a sample of fifth-grade students selected from two classes, a total of 58 students, one class as the experimental group and the other as the control group. The experimental group received a 8-week, 16-lesson social skill project course; the control group did not receive the experimental treatment. Both groups underwent pre-test, post-test, and delayed test before and after the treatment, to understand the difference in the treatment. The research tools include the "Peer Relationship Scale" and the "Bullying Behavior Scale". The research hypotheses are tested using frequency distribution, covariance analysis, and independent sample t-tests, and the researchers also self-inspect the course implementation process to understand the strengths and weaknesses of the project and its effectiveness. The main findings are:

1. Students receiving the "Social Skill Project" had higher "Degree of Conversation" and "Interaction" in peer relationships than the control group students.
2. Students receiving the "Social Skill Project" had similar "Intimacy" in peer relationships to the control group students.
3. Students receiving the "Social Skill Project" showed better preserving effects in "Degree of Conversation" and "Interaction".
4. Students receiving the "Social Skill Project" had significant improvements in bullying behavior in "Initiating Bullying", "Pro-motors of Bullying", "Assistance of Bullying", "Protection of Victims", "Neutral", and "Victim".
5. Students receiving the "Social Skill Project" showed better preserving effects in "Initiating Bullying", "Pro-motors of Bullying", "Assistance of Bullying", "Protection of Victims", "Neutral", and "Victim".
6. Students gave positive feedback about the "Social Skill Project".

Keywords: Social Skills, Peer Relationship, Bullying Behavior

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